

FEBRUARY 2018

Kealakehe High School

WIKI & LUNCH MENU

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

WIKI
Beef & Bean Burrito **5**

LUNCH
Chicken Patty on WG Bun

Curly Fries
Lettuce Leaf/Tomato Slice
Fresh Fruit/Sliced Peaches

WIKI
Italian Sausage Pizza **6**

LUNCH
Teri Cheeseburger

Baked Beans, House Salad
Baby Carrots
Fresh Apple/100% Fruit Juice

NO WIKI **7**

LUNCH
POPCORN CHICKEN
& MASH BOWL

Pan Roasted Vegetables
Fresh Apple/Sliced Peaches
Fruited Muffin

WIKI
Chili w/Cheese & WG Roll **1**

LUNCH
Cheeseburger

Potato Wedge
Rainbow Salad
Fresh Fruit/Diced Pears

WIKI
Chicken Nuggets, Rice & Pickled Cabbage **2**

LUNCH
Chicken Tenders, Rice & Pickled Cabbage

Broccoli & Carrots Mix
Fresh Fruit/Pineapple Chunks

WIKI
Roast Pork w/Gravy
Rice & Vegetable Juice **9**

LUNCH
Kalua Pork w/Cabbage & Rice

Sweet Roll
Lomi Tomato
Fresh Fruit/Tropical Pineapple

WIKI
Turkey Pastrami Sandwich **8**

LUNCH
Beef Broccoli & Rice

House Salad, Baby Carrots
Fresh Fruit/Mixed Fruit

WIKI
Chili Frank & Rice **12**

LUNCH
Chicken Nuggets & Rice

WG Roll
Pan Roasted Veggies
Baby Carrots w/Hummus
Fresh Fruit/Pineapple Chunks

WIKI
Beef Hot Dog in WG Bun
w/Tator Tots **13**

LUNCH
Cheesy Chili Tots & Biscuit

House Salad
100% Fruit Juice/Fresh Fruit
Shortbread Cookie

NO WIKI **14**

LUNCH
VEGGIE PIZZA OR
CHEESE PIZZA

House Salad
Fresh Fruit/Mixed Fruit

WIKI
BBQ Pork Sandwich
w/Slaw **15**

LUNCH
Creole Macaroni w/WG Roll

House Salad
Fruit Slushy
Fresh Orange Wedges

HAPPY PRESIDENTS DAY

WIKI
Hot Dog on a WG Bun **20**

LUNCH
Popcorn Chicken & Rice

Baked Beans
Rainbow Salad
Fruit Slushy/Fresh Fruit

NO WIKI **21**

LUNCH
PEPPERONI PIZZA

Coleslaw
Broccoli Florets/Baby Carrots
Pineapples/Peaches

WIKI
Chili w/Cheese & WG Roll **22**

LUNCH
Cheeseburger

Potato Wedge
Rainbow Salad
Fresh Fruit/Diced Pears

WIKI
Chicken Nuggets, Rice & Pickled Cabbage **23**

LUNCH
Chicken Tenders, Rice & Pickled Cabbage

Broccoli & Carrots Mix
Fresh Fruit/Pineapple Chunks

WIKI
Beef & Bean Burrito **26**

LUNCH
Chicken Patty on WG Bun

Curly Fries
Lettuce Leaf/Tomato Slice
Fresh Fruit/Sliced Peaches

WIKI
Italian Sausage Pizza **27**

LUNCH
Teri Cheeseburger

Baked Beans, House Salad
Baby Carrots
Fresh Apple/100% Fruit Juice

NO WIKI **28**

LUNCH
POPCORN CHICKEN
& MASH BOWL

Pan Roasted Vegetables
Fresh Apple/Sliced Peaches
Fruited Muffin

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

All meals include a choice of milk: skim, 1%, or fat-free flavored milk.

WG = Whole Grain
All steamed rice is 100% Brown Rice
Fruit Juice is 100% Juice

LUNCH/WIKI	\$2.75
REDUCED	.40
ADULT	\$5.50

You can always apply for the free and reduced meal price program. Fill out an online application at:

www.schoolcafe.com

THE FEBRUARY MENU INCLUDES WIKI & LUNCH MEALS THAT HAVE BEEN SELECTED BY OUR STUDENTS!

