

## A MESSAGE FROM NURSING SERVICES “Healthy Kids Learn Better”

### WHEN TO KEEP YOUR CHILD HOME:

- Fever of 100 degrees Fahrenheit or above. Child must be **fever free for 24 hours** prior to returning to school. This gives them time to recuperate, reduces their susceptibility to other illnesses and prevents other students from getting sick.
- Diarrhea & / or vomiting. If persistent, check with physician.
- Cough. If accompanied with fever, excessive and persistent.
- Pink eye (Conjunctivitis). Must have a doctor note and use of prescription eye medication for 24 hours **before** returning to school.

*If your child is sick and you have questions or concerns, it is best to seek medical advice and / or assistance.*

### WHAT TO DO FOR:

- Cough: If it is without fever and part of a simple cold, child may attend school. Encourage fluid intake by sending a water bottle. If your pharmacist or physician recommends a cough syrup, try to give it before and after school.
- Lice: Children who are found to have live lice at school will be sent home. Hair must be treated with an appropriate product and **all nits must be removed.** They must be checked by office staff prior to returning to class.

### NOTE FROM DOCTOR IS NEEDED IF YOUR CHILD HAS BEEN ABSENT:

- Due to a hospitalization.
- Due to any type of surgery.
- Due to a communicable disease or infection.
- Also, whenever requested by the nurse.

Reference: CEC Ch. 4, Article 2 (Section 11755); Manual of School Health, SE, 2002.

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*It is the parent's responsibility to inform the school of any health concerns or changes in health status that could impact their child's safety and / or education.*

*Good hand washing and personal hygiene help everyone stay healthy. Appropriate clothing and shoes for the weather and for school activities promotes campus safety.*

*Community clinic information can be obtained in the school office.  
The District School Nurse can be reached at (714) 447-7502.*