



January 2018
H.M. King High



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

WK 2- January 8	WK 2- January 9	WK 2- January 10	WK 2- January 11
Brahma Breakfast Bun Applesauce Cups Assorted Juice & Milk	Cereal Bar/Cheese Stick Blue Raspberry Slush Assorted Juice & Milk	Pig in a Blanket Fresh Banana Assorted Juice & Milk	Blueberry Muffin W/Cheese Stick Trail Mix Assorted Juice & Milk
(Spicy) Brahma Bowl or Steak Fingers Mashed Potatoes & Gravy Green Beans Garden Salad Fresh Fruit/Rosy Applesauce Milk Choice	BBQ Pulled Pork Sandwich or Fiery Chicken Wings Creamy Coleslaw Broccoli W/Cheese Sauce Chilled Pears Fresh Fruit Milk Choice	Honey Sriracha Chicken W/Eggroll Cheeseburger Steamed Peas Hamburger Salad Chilled Peaches Fresh Fruit Milk Choice	Carne Guisada or Chicken Quesadilla Rice & Beans Garden Salad Apples Slices Fresh Fruit Milk Choice
WK 3- January 15	WK 3- January 16	WK 3- January 17	WK 3- January 18
Cherry Frudel Craisins Assorted Juice & Milk	Sausage Wrap Green Apple Slush Assorted Juice & Milk	French Toast Sticks Fresh Banana Assorted Juice & Milk	Pop Tart Trail Mix Assorted Juice & Milk
Oven Breaded Chicken OR Breaded Pork Chop Macaroni & Cheese Potato Wedges Fresh Fruit Rosy Applesauce Milk Choice	Nachos W/Ground Beef OR Taco Salad Cucumber & Tomato Salad Pinto Beans Fresh Fruit Fruit Cocktail Milk Choice	Ravioli W/Pretzel OR Meatball Sub Fresh Broccoli W/Ranch Lettuce & Tomato Salad Chilled Pears Fresh Fruit Milk Choice	Cheesy, Beefy Lasagna OR Steak Burger Tossed Salad WG Garlic Toast Chilled Peaches Fresh Fruit Milk Choice
WK 4- January 22	WK 4- January 23	WK 4- January 24	WK 4- January 25
Pancakes W/Syrup Applesauce Cups Assorted Juice & Milk	WG Cereal Bar W/Cheese Stick Blue Raspberry Slush Assorted Juice & Milk	Sausage Biscuit Fresh Banana Assorted Juice & Milk	Blueberry Bagel W/Cream Cheese Trail Mix Assorted Juice & Milk
Salisbury Steak OR Chicken Fried Steak Mashed Potatoes & Gravy Cucumber and Tomato Salad Fresh Fruit Fruit Cocktail Milk Choice	Frito Pie OR Chicken Fajita Nachos Garden Salad Pinto Beans Fresh Fruit Rosy Applesauce Milk Choice	Chalupas OR Taco Salad Bowl Broccoli W/ Ranch Dressing Greek Salad Chilled Peaches Fresh Fruit Milk Choice	Hot Dog W/Chili OR Mini Corn Dogs Sweet Potato Fries Chilled Pears Garden Salad Fresh Fruit Milk Choice
WK 1- January 29	WK 1- January 30	WK 1- January 31	WK 1-
Blueberry Pancake Wrap Craisins Assorted Juice & Milk	Banana Bread Green Apple Slush Assorted Juice & Milk	Breakfast Granola Bar UBR Fresh Banana Assorted Juice & Milk	
Burrito W/Chili and Cheese OR Fiery Chicken Wings Sweet Potato Fries Broccoli W/Ranch Dressing Chilled Peaches Fresh Fruit Milk Choice	Spaghetti W/ Meat Sauce OR Crispitos Tossed Salad Fresh Baby Carrots Fruit Cocktail Fresh Fruit Milk Choice	Chicken Fajita Taco OR Southwest Chicken Wrap Homemade Pico de Gallo Lettuce & Tomato Salad Apples Slices Fresh Fruit Milk Choice	

KISD is an equal opportunity provider and employer.