

December 2017

Have a Great Day!

Breakfast Menu Includes: Includes:
Meat/Meal Alternate, Grains, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cinnamon raisin oatmeal, fresh cut fruit Hard boiled eggs, w/w bagel, lite cream cheese
4 Bacon, egg and cheese on a Kaiser Roll Pineapple Parfait w/Yogurt and Granola	5 Banana pancakes, light maple syrup Cream of wheat, fresh berries	6 Scrambled eggs with bacon bits, w/w toast, fresh cut fruits Egg and cheese on a w/w English muffin	7 Grilled cheese sandwich, fresh apples Blueberry scones, sliced apples	8 Sausage egg and cheese breakfast burrito Fresh cut Fruit Raisin bagel, lite cream cheese, cheese stick
11 Egg and Cheese in a Pita Fresh berry parfait with granola	12 Waffles with lite maple syrup Western scrambled eggs with biscuit	13 Sausage egg and cheese on English muffin Hot oatmeal with fresh blueberries	14 Scrambled eggs with homefries, turkey bacon, w/w Toast Apple muffins, fresh fruits and cheese sticks	15 French toast with lite maple syrup and apple slices Cheesy scrambled eggs with ham and plain whole wheat bagel
18 Blueberry muffin, fresh cut fruit, cheese stick Turkey sausage, egg and cheese on w/w bagel	19 Cream of wheat with fresh cut fruit Banana pancakes with lite maple syrup	20 Sausage egg and cheese on biscuit Pineapple granola parfait	21 Belgian Waffles w/mixed berries Warm Apple Muffin, Sliced Apples	22 Peanut butter and jelly Sandwich banana Scrambled eggs with turkey bacon bits & whole wheat toast
25 Holiday Recess School Closed	26 Holiday Recess School Closed	27 Holiday Recess School Closed	28 Holiday Recess School Closed	29 Holiday Recess School Closed

Available at Every Breakfast

Grain: Bagels, English Muffins, Whole Wheat Bread,
Milk: Low-Fat White and Non-Fat Chocolate
Fruit: Fresh fruit & Cup Fruit
Water available at every meal

This institution is an equal opportunity provider