

USDA

United States Department of Agriculture

School's Out

POWER UP

for
Summer
Fun!



SUMMER MEALS for KIDS & TEENS



Being Served in Your Community

To find a location near you,
call 1-866-3-HUNGRY or go to
www.fns.usda.gov/summerfoodrocks

OPEN to All Children, 18 and younger
NO Enrollment, NO Cost!

USDA is an equal opportunity employer and provider

Summer is an exciting time for children to enjoy time with friends, a week at camp, a family vacation, or time at the pool. But for many children who receive free and reduced-price meals at school, summer can mean hunger. Just as learning does not end when school lets out, neither does a child's need for good nutrition.

The Summer Food Service Program, administered by the Iowa Department of Education, provides nutritious meals and snacks to children in low-income areas during the summer months. There are many summer food service program feedings sites across the state of Iowa, however the program is still vastly under-utilized. The biggest barrier to children participating in the Summer Food Service Program is knowledge that feedings sites exist.