

Annual SHAC & Nutrition Team Report

Every independent school district is required by law to have a school health advisory council (SHAC) of which the majority of members must be parents who are not employed by the school district. The SHAC is annually appointed by the local education agency Board of Trustees.

Texas Education Code: Title 2, Chapter 28, Section 28.004

Name of SHAC & Nutrition Team members for 2013-2014

- Tommy Hooker- Superintendent
- Lynn Crabb, District Nurse- SHAC Liaison
- Stephanie Woelfel - Parent - SHAC Co-Chair
- Diane Gwinn - Parent - SHAC - Chair
- Rachel Crabb - Parent - Secretary
- Tina Waid- Parent
- Erica & Matt Bodiford - Parents
- Shailyn Penney - Parent
- Kathy Mares - Williamson County & Cities Health District Taylor
- Anna Rodriguez - Student
- Peyton Zipoy - Student
- Lise Chumbley - High School Teacher
- Cindy Walls - Elementary Teacher
- Norma Rodriguez - Thrall Elementary Paraprofessional
- Tina Pitts - Nutrition Manager

A SHAC is a group of individuals representing segments of the community and school district which provides advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.

The following are requirements of local SHACs per legislation: Texas Education Code, Chapter 28, Section 28.004:

A parent must serve as a co-chair

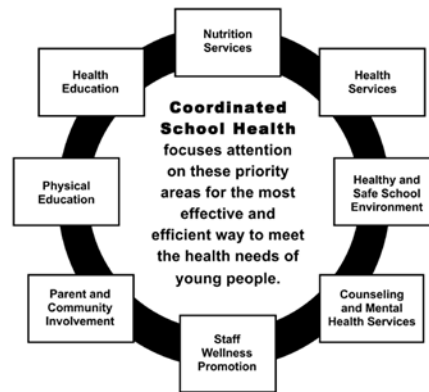
A minimum of five members must be appointed to serve on the SHAC by Board of Trustees

Majority of members must be parents who are not employees of the district

SHAC must meet at least 4 times a year

SHAC must submit an annual report to the Board of Trustees

SHAC is required to submit recommendations regarding the districts' health education curriculum



SHAC Activity & Recommendations:

1. Nurse updated Council on the mandated human sexuality instruction letter. Senate Bill 283 was included in registration process for the 2013-2014 school year. The letter provides written notice of the district's intent to provide human sexuality instruction to our students. The Scott & White program "Worth the Wait" is the curriculum currently used. The Council recommended purchasing the updated material. The curriculum was purchased in September 2013. Scott & White changed the name of the curriculum to Wellness & Sexual Health. This is a canned curriculum that be used in health or science class.
2. Nurse updated the council on issues including the seasonal flu vaccine for staff. Thrall ISD participated in the **WCCHD Williamson County Medical Unit Flu Vaccine Distribution Exercise 2014**.
3. All Texas schools are required by law to implement a CSH program in grades K-8. Texas Education Code: Title 3, Chapter 38, Section 38.013
Coordinated School Health is a systematic approach of advancing student academic performance by promoting, practicing, and coordinating school health education and services for the benefit and well-being of students in establishing healthy behaviors designed to last a lifetime. The Coordinated School Health Program is designed for Kindergarten through grade eight. The program is implemented via physical education, science curriculum, health classes, or as enrichment.

A grant made it possible to have 3 people (2 staff & 1 parent) trained in the TEA approved program "CATCH" in the fall of 2013. Middle School Principal, Mrs. Luton, informed SHAC that the plan is to implement the program in the 2014-2015 school year.

The SHAC recommends that Elementary be trained for the same program when funds are available. Attached is the information about hosting a training here

at Thrall and a quote on the cost of the curriculum from Flaghouse. There is also a PDF file that contains more information on The program.

4. **SHAC recommends** that Thrall Elementary and 6th grade continue to participate in the grant with Health Teacher & Dell Children's Hospital, which provides Health Teacher & Go Noodle free of charge to the District.
5. CPR for High School Students - HB 897, Texas Education Code 28.0023. **SHAC recommends** the use of American Heart Association materials beginning the 2014-2015 school year. High School, Principal, Mr. Dube, recommended that CPR will be taught in MS & HS health. CPR taught by classroom teacher (unless teacher is a certified AHA instructor) will not include skill testing or written exam. AHA instructor must be present to certify students by skill and written exam.
6. Wilco Wellness Alliance - Morgan Hiser works with the Active Living Group & they have offered to map a route around the school to encourage walking. They will have signs made for the route. We will have to provide the poles & labor to put the poles in place. Mr. Hooker recommended asking Larry Cmerek to help with the project. Mrs. Luton volunteered Middle School Student Council & Honor Society to assist with installing the poles/signs.

SHAC recommends that Thrall ISD move forward on this project. Ms. Hiser and Larry Cmerek are currently working on a route around the school that would be a one mile.

7. **SHAC supports** Mrs. Lillard as she works on the ADD grant for Elementary. This grant is for shade covering playground equipment. The grant requires that sun safety be taught to the students- There are lessons in the Health Teacher program that would cover this information.
8. **SHAC continues to support** Thrall Giving Tree program. The SHAC helped make ornaments and decorate the tree this year.
9. **SHAC continues to support** Erica Bodiford: Erica has provided massages 2 Mondays a month at a cost of \$1 per minute. This has been a great a great addition to Staff Wellness program.
10. **Student Recognition:** The Council would like to thank the following students for their commitment & dedication: Anna Rodriguez for (2 years) and Peyton Zipoy for (1year). Your thoughts, contribution, and enthusiasm have been helpful. We wish you all the best things in your future to come. Trust God to guide you. He is able to do more than you could ever ask or imagine (Ephesians 3:20)

The following individuals are recommended for your consideration to be on the SHAC & Nutrition Team for 2014/2015 school year:

Mr. Hooker, Superintendent (non-voting)
Lynn Crabb, District Nurse/ SHAC Liaison (non-voting)
Nancy Hallowell -Cafeteria Manager
Lise Chumbley - High School Teacher
Stacy Mikulencak - 5th Grade Teacher
Norma Rodriguez - Thrall Elementary Paraprofessional
Stephanie Woelfel - Parent
Rachel Crabb - Parent
Diane Gwinn - Parent
Erica & Matt Bodiford - Parents
Shailyn Penney - Labahn - Parent
Tina Waid - Parent
Kathy Mares - Williamson County & Cities Health District Taylor
Madalynn Woelfel - Student
Allison See - Student

Respectfully Submitted by Lynn Crabb, District Nurse/ SHAC Liaison
May 16, 2014

School Board Approved: _____ Date: _____