

McAllen ISD – School Health Advisory Council (SHAC)

Board Update – November 13, 2017

Presenter: Mario Reyna

SLIDE 1 (cover sheet)

Good Evening President Forina, Board Members and Dr. Gonzalez. On behalf of our School Health Advisory Council (SHAC), I thank you for this opportunity to present on health-related issues that impact our students.

SLIDE 2

- This evening - I am here to bring you up to speed with our SHAC. The purpose of the SHAC is to serve in the advisory capacity to our School Board on any health-related issues that impact our students
- Board Policy EHAA LEGAL requires for the SHAC to meet at least 4 times each year. So far this year, we have met on October 12th and November 9th with two meetings scheduled for February 1st and April 5th. In addition, we have sub-committees that are scheduled to meet later this month
- Last school year, at the recommendation of our SHAC and for compliance of our Wellness Regulation - we initiated the requirement of Wellness Compliance Forms to be submitted by schools at the end of each six week
- At the board meeting on February 24, 2014 - McAllen ISD entered into a Memorandum of Understanding (MOU) with the Alliance for a Healthier Generation (AHG). Our partnership with the (AHG) is now in its fourth year

SLIDE 3

Needless to say, our relationship with the Alliance has blossomed the past 4 years. Thanks to AHG, we have created a culture of Wellness in our District with our students and staff. This culture has extended to the City of McAllen and our community. A couple of huge benefit that the Alliance provides is funding for staff development and the recognition of schools that earn the Healthiest Schools in America distinction. We have also maintained our 20 minutes of recess at our elementary schools, brain energizers throughout the day and most of our elementary schools have conducted at least one non-food fundraiser with much success

SLIDE 4

On this slide you will find our bronze level schools

SLIDE 5

Here are our Silver award schools

SLIDE 6

...as you can see, here are our Gold Level schools. Last year, Blanca Sanchez Elementary earned our first Gold Level Award and this year, Woodrow Wilson earned the Gold award. Wilson is only one of ten schools in the nation with a Gold status. In 12 years, fewer than 50 schools in the nation have won the Gold Level award AND McAllen ISD has two of them!

SLIDE 7

We can be thankful that the AHG has been instrumental in helping us to create a culture of wellness which has generated a great wealth of public relations in Texas and across the country.

Back in August at our McAllen ISD General Session for staff, here is what Dr. Howell Wechsler of the alliance stated, *“McAllen ISD is truly a great leader, not just in the Valley, not just across Texas, but across the entire United States of America. The fact is – McAllen ISD is one of the greatest success stories in terms of a school district promoting health and wellness of its schools.”*

Lastly, due to our sustained success – our Food and Nutrition Director Alexandra Molina will be joining the AHA Nutritional Advisor as a panelist to educate school districts nation-wide on *“Award Winning Strategies to Get Students to Eat Better.”*

This concludes the SHAC report ~ Thank You