

**Have a  
Great Day!**

# Bronx Academy of Promise

## Breakfast Menu

Meal Includes:

Meat/Meal Alternate, Grains, Fruit, and Milk



Monday	Tuesday	Wednesday	Thursday	Friday
<b>French Toast w/Mixed berries &amp; Maple Syrup *****</b>	<b>Turkey Bacon Scrambled Egg Whole Wheat Croissant *****</b>	<b>Bran Muffin Cheese Stick Fresh-cut Fruit *****</b>	<b>Fried Egg Hash Brown Potatoes Turkey Sausage Links Whole Wheat Toast *****</b>	<b>Belgian Waffles Orange Jam Fresh-cut Fruit *****</b>
<b>Cream of Wheat Fresh-cut Fruit topping *****</b>	<b>Banana and Blueberry Parfait w/low- fat Yogurt and Granola *****</b>	<b>Turkey/Ham Egg and Cheese on a Whole Wheat English Muffin *****</b>	<b>Whole Wheat Bagel Cream Cheese and Jelly *****</b>	<b>Blueberry Muffin Cheese Stick Fresh-cut Fruit *****</b>
<b>Assorted Whole Grain Cereals *****</b>	<b>Assorted Whole Grain Cereals *****</b>	<b>Assorted Whole Grain Cereals *****</b>	<b>Assorted Whole Grain Cereals *****</b>	<b>Assorted Whole Grain Cereals *****</b>
<b>Fresh and Cupped Fruit *****</b>	<b>Fresh and Cupped Fruit *****</b>	<b>Fresh and Cupped Fruit *****</b>	<b>Fresh and Cupped Fruit *****</b>	<b>Fresh and Cupped Fruit *****</b>
<u>Milk</u> <b>1% White or Non-Fat Chocolate</b>	<u>Milk</u> <b>1% White or Non-Fat Chocolate</b>	<u>Milk</u> <b>1% White or Non-Fat Chocolate</b>	<u>Milk</u> <b>1% White or Non-Fat Chocolate</b>	<u>Milk</u> <b>1% White or Non-Fat Chocolate</b>

Available at Every Breakfast

**Grains: Bagels, English Muffins, Whole Wheat Bread**

**Milk: Low-Fat White and Non-Fat Chocolate**

**Water available at every meal**

**This institution is an equal opportunity provider.**

**March 27 - 31, 2017**

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