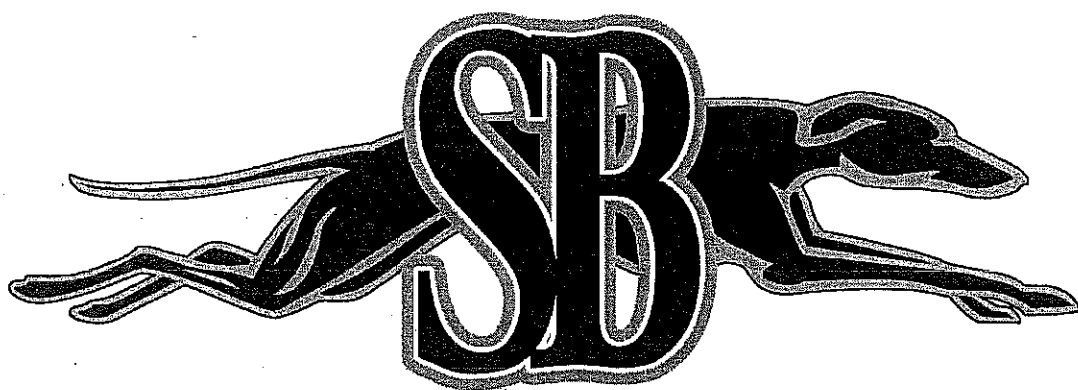


SAN BENITO GREYHOUNDS



PARENT INFORMATION PACKET

Office Number: (956) 361-6455 / 361-6587

Dear Parent or Guardian:

It is a great honor for me to be the Athletic Director and Head Football Coach at San Benito CISD. Since my arrival I have been working diligently to get the athletic program structured and ready to compete for honors this school year. I have been fortunate to get to know all the great people that make up and support our program. I have also had the good fortune of working with a great administration, faculty, coaching staff, and last but not least the greatest student athletes in the State. I have enjoyed all the parents and friends of the athletic program whom I have come into contact with through my association with the Greyhound Athletic Program.

Our goal for the school year is to be one of the finest athletic programs in Texas. Every year, it is a tremendous challenge to play and compete at the highest level of competition possible, however, the most important aspect of athletics are the characteristics traits that we can instill in our athletes. Our jobs as coaches go beyond the field of competition. You have entrusted to us your most valuable possession, your child. It's our job to cultivate and instill in them good values and good habits because it is these traits that will follow them the rest of their lives. These values include cooperation, team work, discipline, preparation, and hard work. Our program is built on these values, and these are the values that we should be most concerned with as we enter the new season.

Thank You,

**Dan Gomez
Athletic Director / Head Football Coach
SAN BENITO CISD**

Expectations of Athletes

1. San Benito Athletes should encourage teamwork, show enthusiasm, have a positive attitude, and be mature in their actions.
 2. Be punctual to all classes and practices.
 3. All players will travel on the bus to and from all games.
 4. Players and coaches will keep locker rooms cleaned.
 5. Maintain proper conduct in the classroom and on the playing field. Proper citizenships at all times are required.
 6. Equipment must be returned to each respective coach or head coach at the end of each season. Athletes must pay for lost equipment.
 7. No fighting or playing around in the locker room or school bus.
 8. Use positive comments and appropriate language.
 9. All rules in the San Benito High School Student Handbook will be enforced.
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Tips for Parents

The coaches's job is to develop the players and team and to teach the values that will help the athlete be successful in life. As a parent it is your job to monitor your athlete's academic progress and to help support the Greyhound Athletic Program in a positive way. Hopefully these tips will help.

How to best help your athlete

The best way to help your athlete is to provide encouragement and to be positive both at home and in the stands. If there is a problem at any time during the season, please follow these steps.

First:

Have your athlete talk to their coach.

Second:

The parents can set up a conference with the coach to discuss the problem. However, please be aware of the following:

Be Interested

Make sure that your athlete knows their academic progress is important to you! Attend all open houses and parent conferences, know when each grading period ends, and make sure that you see all report cards and progress reports.

Make sure athlete's courses are appropriate for them

Help your athlete choose their courses. Please monitor your athlete's curriculum. If any of their courses are too difficult, too easy or inappropriate, talk to their counselor.

Discuss classes and goals

Sit down with your athlete at the beginning of each grading period and then set realistic academic goals for that term.

Talk to your athlete about time management.

Because athletics takes up so much time, student athletes need to develop good time management skills in order to get everything done. Help your athlete create a personal study plan and help them identify those things that will sabotage their plan.

For example: T.V., internet, talking on phone, parties, or just hanging out with friends!

Tutoring and Study Programs.

Ask your child about our tutoring and athletic study hall programs. These programs are designed to help your athlete be successful! It is the athlete's responsibility to get homework done and to prepare for test.

Make your athlete accountable.

Your athlete needs to know that someone cares and is checking on how they are doing. They need to know that successes will be recognized and that poor performances will be noticed!

Working with the school.

Know that teachers, counselors, coaches and administration are there to help your athlete get the best education possible. A divorce, a health problem or a death in a family can affect your child's attitude and performance. If such a situation should arise, please call the school and notify a coach!

I have read the set of rules and guidelines for San Benito C.I.S.D. athlete and agree to follow them.

Athlete's Signature

Date

Parent's Signature

Date

Print Athlete's Name _____ Id Number _____

Grade Level _____



SAN BENITO CISD ATHLETIC TRAVEL RELEASE FORM

Current Date: _____

This is to certify that my child; _____ will not be riding the bus home from _____ on _____ at _____

(Student's Name)

(Sport / Activity)

(Date)

(Location of Event)

I understand that the San Benito CISD rules require that students ride the provided transportation to and from all activities, and a departure from this requirement will release the San Benito CISD from all liability for any adverse results that may occur.

I accept all risk of personal injury and assume all liability stemming from my decision to use alternative travel arrangements. I, therefore, absolve the San Benito CISD and employees and officers and the company that provides insurance coverage from any and all responsibilities should any bodily injury or accident(s) occur. Furthermore, I assume total responsibility for my actions and activities once we are separate from the team/activity as a whole.

This form must be signed by the Parent or Guardian and the coach and will serve only for the dates and contests listed above.

Signature of Parent/ Guardian

Signature of Coach