

Adolescent Characteristic	Adolescent Need	Curriculum/Methods
tendency toward creative work	to acquire flexible and inquiring habits of mind	study of our place in history, composition and rhetoric, experimental approach to science, constructing math concepts, integrated curriculum, seminars, journaling, study trips
sensitive period for life as a social being	to identify with a peer group to belong to a community	study of our place in history, seminars, community meetings, trips involving caring for the community, individual and group activities/projects
vulnerability to emotional hurt and humiliation	to feel psychologically safe	follow general study with student-chosen detailed study, trips involving caring for the community, community meetings to solve community problems, guides maintain a physically and psychologically safe environment
self-critical, self-conscious and self-absorbed	to do meaningful work in order to build self-esteem	logical expression of ideas through composition and rhetoric and speech, experimental approach to science, study of our place in history, musical production, community service, work on the land (Blackwood), creating an atlas
revolt against authority	increased autonomy with adult guidance in setting clear limits and relationships with reassuring and informed adults who like and respect them and who serve as role models and advisors	follow general study with student-chosen detailed study, enterprises, musical production, 9 th -year internships, community meetings, trips involving caring for the community, advisories, committee work
period of trial and error	time for self-definition – time to reflect upon and absorb their new look, new ways of thinking, and new reactions from others	logical expression of ideas through composition and speech, experimental approach to science, constructivist approach to math, journaling, seminars, atrium
difficulty maintaining concentration during study	meaningful work and to find constructive expression for their inherent curiosity and exploratory energy	experimental approach to science, constructivist approach to math, integrated curriculum, writing and editing with peers, literary seminars, historical simulations, study trips, work on the land, musical production
a moral and ethical age	a basis for making informed, deliberate decisions	atrium, theology, study of our place in history, how we arrived here, and how we preserve our Earth for the future, community service, seminar, composition, journaling, community meetings, trips involving caring for the community
period of significant growth and change initiated by the onset of puberty	need information about diet, fitness, mental health and other health issues	physical education, health and human systems class, biology, psychology, athletic program, taking care of each other, seminars, community meetings

based on "Characteristics of Adolescents" and "Needs of Adolescents" in *The NAMTA Journal*, Vol. 18, No. 3, Summer 1993, p. 88-91.

