

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cereal Variety mini whole grain pancakes yogurt Choose from 2 Fresh Fruits Low fat or fat free milk	Assorted Cereal Variety Warm Cinnabar yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Whole Grain Egg and Cheese Sandwich on a Bagel Yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Personal size Cheese Pizza Stick yogurt Fresh Fruit Salad low fat or fat free milk	Assorted Cereal Variety Whole Grain Donut Holes Glazed or Powdered flavor Yogurt Choose from 2 Fresh Fruits low fat or fat free milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cereal Variety Personal size Breakfast Breads Blueberry, Apple or Banana Flavors yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety W/G bagels cream cheese yogurt Fresh Fruit Salad low fat or fat free milk	Assorted Cereal Variety Egg and Sausage Sandwich on a Crispy Biscuit yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Apple Pie Stick yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety W/G bagels with cream cheese yogurt Choose from 2 Fresh Fruits low fat or fat free milk
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Assorted Cereal Variety mini whole grain pancakes yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Whole Grain Apple Pie Stick yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Ham, Egg and Cheese Sandwich on a Whole Grain Roll yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Personal size Cheese Pizza Stick yogurt Choose from 2 Fresh Fruits low fat or fat free milk	Assorted Cereal Variety Whole Grain Donut Holes Glazed or Powdered flavor Choose from 2 Fresh Fruits low fat or fat free milk
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MENU IS SUBJECT TO CHANGE BY FOOD SERVICES DIRECTOR.

This Institution is an equal opportunity provider
All meals at Windham Public Schools are FREE to all students.