



RULING OUR EXPERIENCES

Strong Girls ... Empowered Women

ROX is a non-profit organization that focuses on the education, safety, and development of girls in elementary, middle, and high school. ROX helps girls develop the skills to deal with social, personal, and academic issues including: girl bullying and relational aggression, healthy dating and forming healthy relationships, social media and cyberbullying, body image and the media, sexual harassment and violence, and leadership development for girls. The ROX organization provides the following services:

Evidence-Based Empowerment Programming for Girls
Professional Development for Educators & Counselors

Parent Workshops

Research & Evaluation on Issues Impacting Girls

In the 20-week program, licensed ROX facilitators work with groups of 10-15 girls. The evidence-based curriculum provides the structure and content for girls to explore the tough things going on in their lives. Girls develop new ways to communicate with others, set goals and boundaries, and plan for their futures.

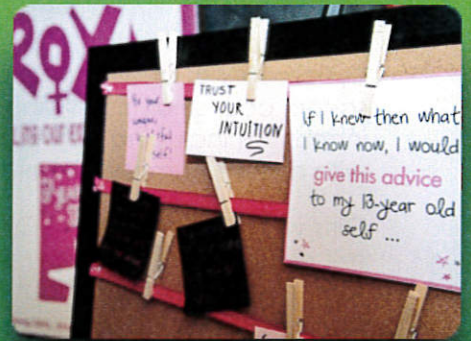
Professional development and communication workshops provide information and strategies for adults who work with and care about girls.

To date, ROX programming has been delivered to nearly 4,000 girls throughout Ohio and Pennsylvania and more than 2,000 adults have participated in ROX workshops and professional development trainings. ROX programming is focused primarily around the following concepts:

Confidence, Self-Esteem & Body Image
Healthy Relationships & Communication
Navigating Social Media

Safety & Sexual Violence Prevention

Academic, Career and Leadership Development



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