

SISD SHAC Meeting: April 12, 2017

Time: 12:00 PM

Location: Smithville Elementary Conference Room

Members in attendance: Sophie Weinheimer, Deborah Rose, Crystal Reese, Candy Biehle, Rock McNulty, Sharlene Scheler, Sara Vinklerek Haney, Janice Bruno, Karen Riles, Hilary Long, Judy Bergeron, Tammie Hewitt. All attendees were asked to introduce themselves and the entity they represented.

Minutes: The February 15th minutes were inadvertently left out and will be e-mailed to the members for approval.

Old Business: No items discussed.

New Business:

- **Sophie Weinheimer** informed the SHAC of the following activity:
 - Smithville Community Cultural of Health will sponsor “We Grow We Cook We Eat” on April 27th, 2017 and plan to pass out Kale Smoothies to parents/Guardians in the car rider line at the Elementary school. The goal of this activity is to introduce fresh produce from the Smithville Community gardens and the School Gardens. Representatives of the community include but not limited to will be from the Agent from the Bastrop County agriculture extension office, Seton Health care network, Smithville Public Library, SISD Child Nutrition Department and SISD Health Services. Recipe cards will be handed out as well as a map of the Smithville Community Gardens and nutritional information on Kale. A motion was made by the SHAC to endorse the Kale smoothie sampling in the car rider line at the Elementary School on April 27th, 2017.
 - Sophie applied for a grant for SHAC of \$300 from “It’s Time Texas”, pending results.
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- **Candy Biehle** informed the SHAC on the following information:
 - There have been recent news reports on “School Lunch Shaming”. She stated that no student is denied a meal at school and no lunches are ever removed from the students. A handout from the School Nutrition Association was given to SHAC members.
 - Summer Feeding Program: An evening meal will be incorporated in a pilot study. She is working out the details with the Smithville Community Culture of Health and the Smithville Free Clinic of potential sites for the evening meal.
 - Candy is also planning to do “Farm Fresh Fridays”. She will prepare produce from the school gardens and highlight them in the school cafeteria.
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- **Karen Riles**, Smithville Community Culture of Health member will be holding “Kitchen Table Talks” in Smithville Community Neighborhoods. She will be discussing health awareness and access to health care. The next Kitchen Table Talk will be on April 11th, 2017.

- **Sharlene Scheler**, Wesley Nurse informed the SHAC there is a grant available through the “Born Again Emporium” thrift store to help pay for student’s lunches when they have charge overages. Sharlene will also be sponsoring a health fair during the August 9th, 2017 pre-registration at Brown Primary School. She will also be hosting a diaper drive for the Smithville Food Pantry and St. Vincent De Paul thrift store.
- Next SHAC meeting is planned for September 20th, 2017.

A motion was made to adjourn the SHAC meeting at 1:05 PM by Sara Vinklarek, 2nd motion made by Sharlene Scheler.