



MANCHESTER REGIONAL HIGH SCHOOL Good News Newsletter

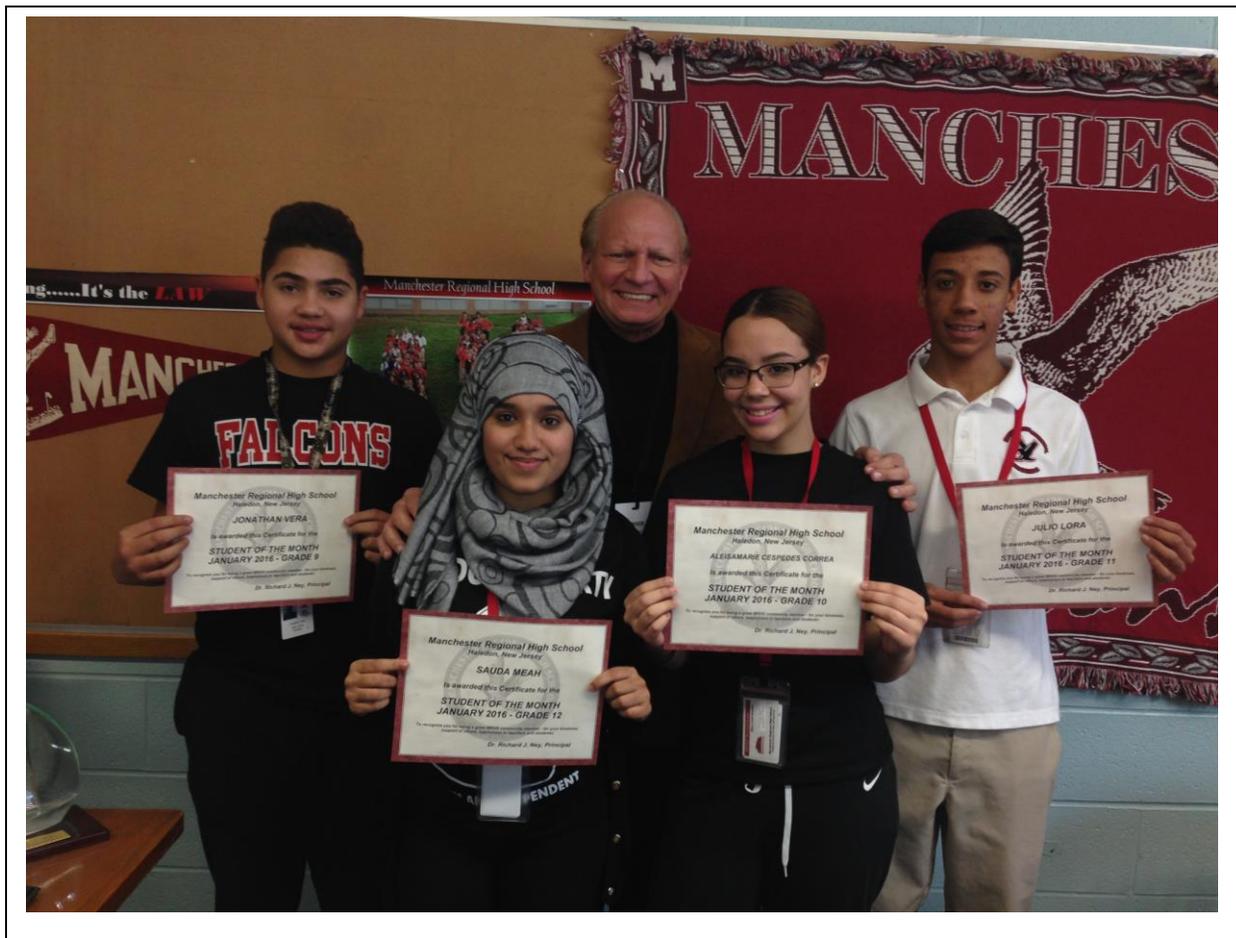


Volume 2

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January Students of the Month

January Students of the Month were honored today for their kindness, support of others, and for helpfulness to teachers and students. They are (left to right); Jonathan Vera, Grade 9; Sauda Meah, Grade 12; Aleisamarie Cespedes Correa, Grade 10; and Julio Lora, Grade 11. Congratulations for being great members of the school community!



English IV Class Prepares for College and Careers

Over the course of this past week, students from Ms. Masci's English IV class participated in mock interviews, as part of a larger unit that focused on college and career readiness skills. Throughout this unit, students in Ms. Masci's class have written college essays for the common application, created professional resumes and reference lists, completed job searches, and filled out sample job and college applications. The mock interviews gave students the opportunity to present their professional resumes, practice the interview skills they reviewed in class, and discuss the credentials they have to offer whatever job, company, or school they are interested in applying to. Students also had the option to dress in a professional manner for these interviews for extra credit points, as defining and reviewing what professional attire looks like was an important aspect of this unit. Ms. Masci evaluated students' performance throughout the mock interviews using a 5-part rubric that focused on their resume, reference list, preparation and research for the interview, professional attire, and overall presentation. Students self-evaluated their performance using the same rubric. Students also evaluated their peers' performance by utilizing a pre-made checklist and providing additional comments in the form of constructive criticism. Next week, students will be using the Chromebooks to practice writing thank you notes and follow up emails to the interviewer.



Senior Sheala Gonzalez and Ms. Masci discuss the skills and credentials listed on Sheala's resume.

Graphing Snowmen Competition

Ms. VanderGroef's Pre-calculus classes used their knowledge of functions to graph snowmen on the coordinate plane. They were then asked to decorate them and compete for extra credit. The results are displayed on the bulletin board next to the Board office. Staff and students are invited to vote for their favorite by Friday, February 5, 2016.



Wrestling Team Gets a Grip

The wrestling team recently beat Rutherford, Dwight Morrow, Wood Ridge, Indian Hills and East Orange. Despite close losses to Hawthorne and Glen Rock, the team is looking to do well in the Passaic County Tournament, January 31. The team is led by seniors Ryan Pro, 15 wins, Jan Cordero, 12 wins, and Danny Gomez. Other key contributors are Danny Betamore, Mike Tesauro, and Jeff Rodriguez. Come out and support the team on February 3, for Senior Night in a match vs. Paramus Catholic.



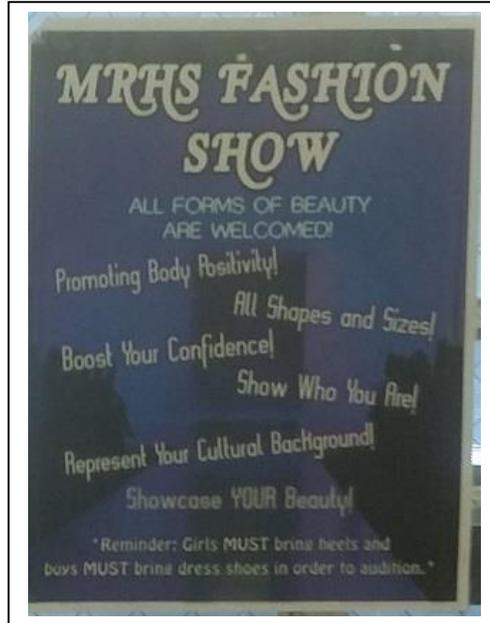
Coaches Ron Damiano and Gerald Mercadante



Elias Mendoza, Danny Ishak, Jan Cordero, Alex Carrero, and Aslan Toulasthan

[Fashion Show Auditions Schedule](#)

The Fashion Show scheduled for March 31, is underway. Auditions will be held on February 2, 2016! The schedule is posted on the main office window.



[Sports Update](#)

In sports, boys' varsity basketball beat Glen Rock on Tuesday and are now 8 and 4. Girls' varsity basketball is 3 and 10. Wrestling is 4 and 8. Bowling is 6 and 6.