

Crean Lutheran grad Ella Eastin beats Ledecky for second American record at NCAAs



Stanford swimming

Stanford swimmer Ella Eastin (Crean Lutheran) has two American records in as many days as the NCAA women's swimming championships at Ohio State,.

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1 COMMENT

Stanford swimmer **Ella Eastin** (Crean Lutheran) out-dueled teammate and Olympic champion Katie Ledecky by about 3 1/2 seconds Friday night to capture the 400-yard individual medley in an American record time of 3 minutes, 54.60 seconds at the NCAA Division 1 championships at Ohio State.

Eastin's time smashed Ledecky's American record from last month by about two seconds.

Eastin, a former Register swimmer of the year, out-distanced Ledecky by about two seconds in the breaststroke.

Ledecky, the world-record holder and Olympic distance swimming star, touched second 3:58.29, well off her former American record of 3:56.53.

Eastin and Ledecky have each set the American record in the 400 IM twice in the last 13 months.

Eastin set an American record in the 200 IM on Thursday night and races the 200 butterfly on Saturday, the final day of the meet.

The Cardinal are dominating the meet.

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Dan Albano

Dan Albano has been a high school sports writer at The Orange County Register since 1993. He covers football and all the aquatics: boys and girls water polo and boys and girls swimming. Dan's passion for water sports has earned him the nickname, "Aqua Dan" in the newsroom and taken him to multiple U.S. Olympic Swim Trials and many USA water polo events as a reporter. He also writes about high school football recruiting, including The Register's annual FAB 15 teams that list the top high school football players in the Western U.S. before National Signing Day. He compiles the Hot 150 list of football players to watch in Orange County before each season. During football season, he also partners with Steve Fryer and Jonathan Khamis on **OCVarsity.com**'s Gridiron Show and hosts a weekly podcast on Trinity League football. In 2015, Dan received the Bud Dwyer Jr. media award from the Southern California High School Football Coaches Association. Dan is a graduate of Cal State Fullerton, where he worked at The Daily Titan as a news reporter, sports reporter, managing editor and opinion editor.

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