

## MCBOE Employee Wellness Screening and Flu Clinics Fall 2015

Date	School	Time
Oct 26	Meridianville MS	7:30-11:30
	Walnut Grove	12:30-3
Oct 27	Hazel Green HS	7:30-11:30
	Hazel Green Elem	12:30-3
Oct 29	Buckhorn HS	7:30-11:30
	Buckhorn MS	12:30-3
Oct 30	Moore's Mill Intermediate	7:30-11:30
	Lynn Fanning Elem	12:30-3
Nov 2	Mt Carmel	8-11
	Central	12:30-3
Nov 4	Riverton Intermediate	7:30-11:30
	Riverton Elem	12:30-3
Nov 5	New Hope HS/Elem	7:30-11:30
	Owens Cross Roads Elem	12:30-3
Nov 6	Madison Co. Elem	8-11
	Madison Co. HS	12:30-3
Nov 9	Sparkman HS	7:30-11:30
	Sparkman 9 <sup>th</sup>	12:30-3
Nov 10	Legacy Elem	8-11
Nov 12	Monrovia MS	7:30-11:30
	Monrovia Elem	12:30-3
Nov 13	Endeavor Elem	8-11
	Harvest Elem	12:30-3
Nov 17	Madison Cross Roads Elem	8-11
	Sparkman MS	12:30-3
Nov 18	New Market Elem	8-11
	BOE/MCCTC/PACE/TRANS/OP	1-4

### PEEHIP Employee Wellness Program Starts a New Year 08/01/15 through 08/31/2016

- Employees and/or dependent spouses need to schedule an appointment using the link provided.
- The required activities for the new year are shown below. These activities are required for members and spouses enrolled in the PEEHIP Hospital Medical group 14000 plan.
  - Obtain a wellness screening between 8/1/15 and 8/31/16.
  - Complete the Health Questionnaire (HQ) between 10/1/15 and 08/31/16.
  - Participate in Health Coaching between 10/1/15 and 8/31/16 ONLY if you receive a health coaching invitation letter from ActiveHealth dated October 2015.
- To confirm your health coaching requirement, visit [www.MyActiveHealth.com/PEEHIP](http://www.MyActiveHealth.com/PEEHIP) or call 855.294.6580.
- Please note that Wellness Screenings obtained by your **primary care physician** are normally classified as a routine office visit, which are only covered at no copay once per calendar year under your PEEHIP BCBS benefits. That means if you already had a routine office visit since January 1, 2015, you will not be eligible for another routine office visit under your BCBS medical benefits until 2016. **If you have a second routine office visit in one calendar year, the claim will reject and you will be responsible for the full cost.**
- For specific benefit questions, contact BCBS Customer Service at 800.627.3994. Wellness screenings are also available free of charge once per year starting every August 1<sup>st</sup> through the Alabama Department of Public Health (ADPH) at your worksite or at local county health departments.

### **Employee & Dependent Flu Vaccine Information**

- Employees with PEEHIP Insurance and/or New Southland Supplemental Plans are eligible to participate.
- Spouses and dependent children (4-18 years old) covered by employees' PEEHIP Insurance and/or New Southland plans are eligible to participate.
- The flu vaccine consent form is attached to the email sent out to all employees and can also be found on the MCBOE Health Services and Insurance Department webpages.
- Flu mist vaccine is in short supply and will be provided when preferred only if available.
- It is NOT necessary to schedule an appointment through the onsite school nurse if desiring to receive the flu vaccine only.