



Board Policy: Competitive Athletics

**Reference: BP 6145.2
Approved: September 12,
2017**

The CNCA Board recognizes that athletic programs constitutes an integral component of the educational program and helps to build a positive school climate. The athletic program also promotes the physical, social, and emotional well-being and character development of participating students. The athletic program shall be designed to meet students' interests and abilities and shall be varied in scope to attract wide participation.

All athletic teams shall be supervised by qualified coaches to ensure that student athletes receive appropriate instruction and guidance related to safety, health, sports skills, and sportsmanship. Athletic events shall be officiated by qualified personnel.

The CNCA athletic programs shall be free from discrimination and discriminatory practices prohibited by state and federal law. Equipment, supplies, game and practice schedules, budgets, coaching travel allowances, facilities, publicity, support services and tutoring offered to teams are to be equivalent between male and female teams.

The CNCA Chief Executive Officer or designee shall ensure that equivalent athletic opportunities are provided for males and females be proportionate to their respective enrollments.

No person shall be excluded from participation in, be denied the benefits of, be denied equivalent opportunity in, or otherwise be discriminated against in interscholastic, intramural, or club athletics on the basis of actual or perceived sex, sexual orientation, gender, gender expression, gender identity, ethnic group identification, race, ancestry, national origin, religion, color, mental or physical disability, or any other basis specified in law.

The Chief Executive Officer or designee may provide single-sex teams where selection for the teams is based on competitive skills.

When a school provides only one team in a particular sport for members of one sex, but provides no team in the same sport for members of the other sex, and athletic opportunities in the total program for that sex have been previously limited, members of the excluded sex shall be allowed to try out and compete with the team. The same standards for eligibility shall be

applied to every student trying out for a team, regardless of sex, sexual orientation, or other protected group status.

Each student shall be allowed to participate in any single-sex athletic program or activity consistent with his/her gender identity and for which he/she is otherwise eligible to participate, irrespective of the gender listed on the student's records.

When determining whether equivalent opportunities are available to both sexes in athletic programs, the Chief Executive Officer or designee shall consider, among other factors:

1. Whether the selection of sports and levels of competition offered effectively accommodate the interests and abilities of both sexes, the athletic program shall be considered to effectively accommodate the interests and abilities of both sexes if it meets one of the following criteria:
 - a. The interscholastic-level participation opportunities for male and female students are provided in numbers substantially proportionate to their respective enrollments.
 - b. When the members of one sex have been and are underrepresented among interscholastic athletes, CNCA can show a history and a continuing practice of program expansion that is demonstrably responsive to the developing interests and abilities of the members of that sex.
 - c. When the members of one sex are currently underrepresented among interscholastic athletes and CNCA cannot show a history and continuing practice of program expansion as required in item #b above, CNCA can demonstrate that the interests and abilities of the members of that sex have been fully and effectively accommodated by the present program.
2. The provision and maintenance of equipment and supplies
3. Scheduling of games and practice times, selection of the season for a sport, and location of the games and practices
4. Travel and per diem allowances
5. Opportunities to receive coaching and academic tutoring
6. Assignment and compensation of coaches and tutors
7. Provision of locker rooms and practice and competitive facilities
8. Provision of medical and training facilities and services
9. Provision of housing and dining facilities and services
10. Publicity
11. Provision of necessary funds

Health and Safety

The CNCA Board desires to give student health and safety the highest consideration in planning and conducting athletic activities. Care shall be taken to ensure that all athletic trainings and competitions are conducted in a manner that will not overtax the physical capabilities of the participants.

When appropriate, protective equipment shall be used to prevent or minimize injuries. Coaches and appropriate school employees shall take every possible precaution to ensure that athletic equipment is kept in safe and serviceable condition.

The Chief Executive Officer or designee shall ensure that all athletic equipment is cleaned and inspected for safety before the beginning of each school year.

In the event that an injury occurs, the coach or other appropriate CNCA employee shall observe universal precautions and shall remove the student athlete from the activity and/or seek medical treatment for the student as appropriate.

Concussions

The Chief Operating Officer (CEO) or designee shall annually distribute to student athletes and their parents/guardians a concussion and head injury information sheet. The student and parent/guardian shall sign and return the information sheet before the student's initiating practice or competition.

Notifications to parents/guardians shall be written both in English and in the family's primary language when so required by law. Whenever an employee learns that a student's parent/guardian is for any reason unable to understand the district's printed notifications, the principal or designee shall work with the parent/guardian to establish other appropriate means of communication.

If a student athlete is suspected of sustaining a concussion or head injury in an athletic activity, he/she shall be immediately removed from the activity for the remainder of the day. The student should receive an immediate on site evaluation from the coach or onsite nurse who can determine if the symptoms require immediate emergency room treatment. The student shall not be permitted to return to the activity until he/she is evaluated by a licensed health care provider trained in the management of concussions and receives the health care provider's written clearance to return to the activity.

The CEO or designee shall notify the student's parent/guardian of the date, time, and extent of any injury suffered by the student and any actions taken to treat the student.

The CEO or designee shall provide training to coaches, athletic trainers, and/or school nurses regarding concussion symptoms, prevention, and appropriate response.

Additional Resources:

<http://www.cdc.gov/headsup>

<http://www.cifstate.org/sports-medicine/concussions/index>

Parental Notifications

Before a student participates in interscholastic athletic activities, the Chief Executive Officer or designee shall send a notice to the student's parents/guardians which:

1. Contains information about the procedures for filing a discrimination complaint that arises out of an interscholastic athletic activity, including the name of CNCA's Title IX Coordinator
2. Explains that there is an element of risk associated with all athletic competitions and that CNCA cannot guarantee that students will not be injured, despite a commitment to every participant's health and welfare
3. Provides information about insurance protection
4. Requests parental permission for the student to participate in the program and, if appropriate, be transported by the school to and from competitions
5. States the CNCA Boards' expectation that students adhere strictly to all safety rules, regulations, and instructions, as well as rules and guidelines related to conduct and sportsmanship