

Don't let whining and begging wear you down

If they get that new video game, they'll have more friends. If they wear new jeans to school, they'll be popular. Some children are masters at getting what they want. They whine and beg—until they wear their parents down. But when parents give in, they are reinforcing those values of entitlement. Instead, remember that:

- *You are in charge.* Consider your child's opinions, but the final decisions are yours.
- *Your job is to provide* what is best for your child—it's not to make him happy all the time.
- *You can suggest options.* "Would you like to save your allowance for the video game you want or do you want to spend it on a ticket to see the new movie this Saturday?"



- *You should mean what you say.* Say *no* or *yes* when it's appropriate—then stick to your decision! Eventually, your child will learn to respect your decisions. Begging and whining will no longer be worth the effort!

Firm, Fair & Consistent

Copyright © 2015 The Parent Institute, a division of NIS, Inc. www.parent-institute.com
May be reproduced by *Firm, Fair & Consistent*® newsletter subscribers.

THE
PARENT
INSTITUTE®