



# Weekly News

January 25, 2016

Happy Tuesday, Wildcat Families;

Please mark your calendars for Friday, March 4th at 6pm for a presentation by technology and cyber-safety expert Patti Fitzgerald. Come learn about the technologies that your children are using and how to keep them safe from cyber-predators and other technology threats. Dinner and childcare will be provided. RSVP sign-ups will be available soon – stay posted.

## **Tickets on Sale Now! Comedy & Magic Club Night – March 22<sup>nd</sup>**

Back by popular demand, join us on Tuesday, March 22<sup>nd</sup> at the Comedy & Magic Club in Hermosa Beach for an adults only night of laughs. Tickets \$20 and available at our web store only at [www.altavistapta.org](http://www.altavistapta.org) Limited supply available – buy your tickets now while they last – we sold out last year! See attached flyer for further details.

### ***Important Dates for this Week:***

Monday, January 25 - Great Kindness Challenge Begins

Wellness Council - 8am

Wednesday, January 27 - Walk Your Parents to School Day

Third Grade Vocal Music Program

Thursday, January 28 - Wear Yellow Day to Show Respect



### After Thanksgiving Box Tops Drive Result



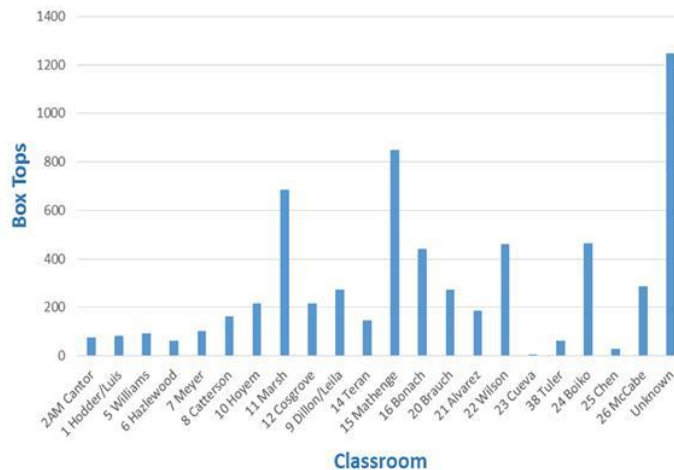
Congratulation to Nate Marshall & Hunter Davis from 1<sup>st</sup> Grade and Hailey Johnston from 2<sup>nd</sup> Grade! Each won a \$5 gift card from our Post-Thanksgiving Box Tops Drive.



### Box Tops Submitted Since Sep 2015

Yay! Our school has just received a check of \$676.20. Please continue to earn money for our school!

**OUR NEXT SUBMISSION DEADLINE IS FEB 18**



### Prospective Parent Tours & Kindergarten Registration

Know a family with a prospective kindergarten student for the 2016-17 school year? Our informational tours and kindergarten registration dates are posted on our website. Please direct any interested parents to our website for details.



We recently introduced an exciting, evidence-based social and emotional literacy curriculum, which has helped our students better engage in

**learning, limit their distractions, self-regulate their behavior and improve their focus and resiliency training. The program is called MindUP (The Hawn Foundation, 2011) and it utilizes a brain centered approach to integrating neuroscience, positive psychology, mindful awareness training and social and emotional learning, as tools for success in the classroom and in life.**

**Simply put, in 15 lessons, MindUP helps a child enhance their self-awareness, concentration abilities, problem solving skills, pro-social behaviors (helping, sharing, and cooperating), while exploring positive human qualities, such as happiness, optimism, and gratitude. The Collaborative for Academic Social and Emotional Learning (CASEL) has accredited MindUP and chosen the program as one of the few CASEL recommended SEL initiatives. MindUP has been rigorously researched, is evidence-based and schools who have used it reported improvement in their overall learning and classroom engagement. The results include lower dropout rates, a decrease in stress and classroom anxiety, improvement in peer to peer conflict resolutions as well as the programs overall scaffolding of academic success.**

**We are excited about the potential this program holds for making all of our classrooms a better engaged, focused, optimistic community of learners and know your child will only benefit from these tools and strategies that frame the basis for college preparation and future employment opportunities. If you would like to learn more about the research around social emotional learning, please visit [www.casel.org](http://www.casel.org). For further details about MindUP and The Hawn Foundation, please visit [www.thehawnfoundation.org](http://www.thehawnfoundation.org) .**



**The Redondo Beach Educational Foundation (RBEF) has a Spring Gala Event scheduled for April 29th at the new Shade Hotel in Redondo Beach. More information on ticket sales will be forthcoming in the near future. The ultimate goal of this event is to showcase the achievements of the foundation and, of course, "RAISE THE TIDE" through ticket sales, corporate sponsorships, live and silent auction donations. If you have any ability to help us in this effort, please let me or our RBEF site advocate know as soon as possible. (See attached flyer for details)**

**Please keep in mind, RBEF supports programs and materials for your children that they may not otherwise have if we relied on government funding alone. This foundation invests in our children, please invest in it so we can continue to keep RBUSD schools great and make them even greater!**

**Here are some donation ideas:**

- \* Unique experiences that people may not be able to get on their own (Celebrity chef dinner, day on a private yacht, meeting a celebrity, personalized signed item by a celebrity, etc.)**
- \* Family Entertainment Tickets (Disneyland, Knotts, Zoos, Museums, etc)**
- \* Hotel Stays**
- \* Airline Tickets and/or Frequent Flyer miles to acquire airline tickets**
- \* Kids Activity Centers (Skyzone, Scooter's Jungle, Waterparks, Miniature Golf, etc)**
- \* Lessons (Surf, Music, Swim, Paddle Board, Diving, etc.)**
- \* Restaurants**
- \* Spa Services or Gift Certificates**
- \* Sporting Events**
- \* Jewelry**
- \* Photography Sessions**
- \* Artwork of Value**

- \* Fitness Membership
- \* Gourmet Grocery Store Baskets or Gift Cards

Thank you for your support!



## Interested in volunteering for the WATCH D.O.G.S. program?

[Click here](#)

We ask that "Dads" volunteer for no more than 2 days per school year to allow all dads the opportunity to participate.

Please indicate your child's teacher's name in the comment section of your signup.

**Want to know more about the WATCH D.O.G.S. Program? Watch our**

[Orientation Video](#)



## School Conversation Starter

### Starter #18:

How has your classroom practiced "mindfulness" this week? How can you be "mindful" on the playground? At lunch? At home?



## Math Superstars

**This week starts WEEK THIRTEEN of our Math Superstar program and WEEK THREE of our Kindergarten Math Superstar program.**



### **Cyber Safety Parent Night – Friday, March 4<sup>th</sup>**

Join us on Friday, March 4<sup>th</sup> at 6:00 at Alta Vista for a presentation by technology expert Patti Fitzgerald. Come learn about the technologies that your children are using and how to keep them safe from cyber predators and other technology threats. Dinner and childcare will be provided. RSVP sign-ups will be available soon – stay posted.

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### **PTA Honorary Service Awards**

Please see attached honorary service award application. The Honorary Service Award is given to recognize an individual or organization for outstanding service to children and youth in our community, going above and beyond what is asked of them. Please complete and submit nominations to Sharon Day at [sdlay@rpgcpa.com](mailto:sdlay@rpgcpa.com) by January 25<sup>th</sup> if you would like to nominate someone for this award. The winner will be announced in early May. Please also let us know if you would be interested in serving on the HSA Award Committee.

### **PTA Board Nominating Committee**

The PTA is currently looking for individuals who are interested in serving on the nominating committee to select nominees for next year's PTA board. The nominating committee will meet starting this month and elections will be held in March. Please contact our parliamentarian, Shannon Lee at [bfabt@msn.com](mailto:bfabt@msn.com) if you are interested in being nominated for a board position for next year **or** if you would like to help out on the nominating committee.



## Mrs. Wildes App/Website of the Week

Lego Movie Maker is this week's selection. Create your own stop-motion movie with this intuitive app that makes it easy to stage LEGOs and other objects, take multiple pictures and bring them to life as a sophisticated animation.

**Tip:** Have your child use this app to set up stop motion films. Have children place characters in historic or book character scenes

## Weekly Flyers

Our district is happy to announce a new consolidated site for all district flyers featuring community events. Please [click here](#) to view all of the latest flyers available to families and our community. Looking for a flyer specific to Alta Vista and our after-school programs? [Click here](#) to be directed to our home page that houses all of our latest flyers.

### Important Dates for the Next Few Weeks:

- January 25-29 - Great Kindness Challenge
- Thursday, January 28 - Wear Yellow Day to Show Respect
- Monday, February 1st - 5th grade physical fitness testing window opens
- Wednesday, February 3rd - LIFT Pupil Free Day
- Wednesday, February 3rd - MINDUP Parent Night 6pm
- Thursday, February 4th - Superbowl Jersey Day
- Friday, February 5th - 8:30am Prospective Parent Tour
- Wednesday, February 10th - 100th Day of School
  - Kindergarten RoundUp - 2pm
- Wednesday, February 10th - RBUSD Parent Heart Health Night 6pm (see attached flyer)
- Thursday, February 11th - National Make a Friend Day
  - 8:30am Flag Ceremony
- Friday, February 12th - No School
- Monday, February 15th - No School
- Tuesday, February 16th - 4th grade field trip to Irvine Park Railroad
- Wednesday, February 17th - National Random Acts of Kindness Day
- Thursday, February 18th - California Healthy Kids Survey for 5th grade students
- Thursday & Friday, February 18-19 - Hands on Art Training in AV Cafeteria
- Friday, February 19th - Third Grade Living Museum
- Friday, February 26th - 8:30am Prospective Parent Tour
- Monday, February 29th - 8:30am Fifth Grade Band Coffee Concert
- Tuesday, March 1st - First Day of Registration for 2016-17 school year
- Wednesday, March 2nd -Lift Off Double Day
- Wednesday, March 2nd - Dr. Seuss' Birthday - Pajama Day
- Thursday, March 3rd - Mindup Parent Night 6pm at AV Cafeteria

- Thursday & Friday, March 3rd & 4th - BMI Testing
- Friday, March 4th - 8:30am Flag Ceremony
- Friday, March 4th - 9:30am Prospective Parent Tour
- Friday, March 4th - 6pm Cyber-Safety Night

**Ways to Support Alta Vista:**

- Join the PTA!
- Student absences cost the school \$38 per day per child. Families are welcome to repay that cost directly back to Alta Vista if able.
- Looking to purchase a new lunchbox or lunch gear? Go to [www.mightynest.com](http://www.mightynest.com) where 15% of your purchases will go directly back to Alta Vista.
- Missing a new lunchbox or sweater already? Please encourage your child to check out our lost and found area. To purchase labels that can be used to mark all of your child's belongings and help give back to Alta Vista, visit [ww.altavista.mabelslabels.com](http://ww.altavista.mabelslabels.com)
- Don't forget to collect and return your General Mills Box Tops for Education. Every boxtop is money for our school!
- Go to [mycokerewards.com/school](http://mycokerewards.com/school), enter your Coca-Cola product codes and donate to our school. Our school can redeem the points for much needed physical education equipment.
- Keep collecting your Galleria receipts! Just shop and log receipts from any South Bay Galleria stores and restaurants until December 31, 2013. Receipts can be logged at Guest Services anytime during the program. Remember to tell your family, friends, neighbors and co-workers to log their receipts. Anyone can support AV in the Galleria School Rewards Program!
- Stopping by Jamba Juice on a warm summer day? Just show the PTA Jamba Card when making a purchase.

Have a wonderful week,

Mrs. Wildes