



**Pope John Paul II High School Health Services**  
**Eleventh Grade Mandated Physical Examination**

Dear Parent/ Guardian:

**The Pennsylvania Department of Health requires students in the 11<sup>th</sup> Grade to have a physical examination.** We encourage parents to contact their family physician to make arrangements for their student's physical examination. Your physician has fostered a relationship with your student and therefore has a better knowledge of your son/daughter's health history and can better recommend treatment of any medical issues, if necessary.

Due to recent changes in the immunization requirements for school age and college bound students; we recommend you review your child's immunization history with your physician. Students are required to have **1 Tdap**; tetanus, diphtheria, acellular pertussis and **2 MCV**; meningococcal conjugated vaccines for attendance by age 16. All students are required to have a minimum **4 DTaP**: diphtheria and tetanus toxoid vaccines, **2 MMR**; measles, mumps, and rubella vaccines, **2 varicella**; chicken pox vaccines or proof of disease, **3 polio** and **3 hepatitis**.

The medical examination required by School Health Act includes assessment of blood pressure, skin, teeth, hair and scalp, ear, nose and throat, lymph glands, heart, lungs, abdomen, extremities, neuromuscular system, male genitalia, the spine and history of concussion.

**Please have your doctor complete the attached form and return to the attention of the school nurse by Friday, September 29, 2017. We can accept a physical dated anytime within the previous school year (anytime after September 1, 2016).** The form can also be found on the PJPHS website under Health and Wellness on the Parent tab.

The PIAA sports physical can be accepted in place of the State physical form. **Make a separate copy of the PIAA physical form**, attach a current immunization record and mark the envelope: **Attn: School Nurse**.

Pope John Paul II High School will offer School Physical Exams in the spring each year. The school physical is mandated only if you do not have your private physical exam completed and documented in your child's health record.

**Please sign and return this form to the attention of the school nurse *if you intend to have a school physical examination performed by the SFASD physician assistant instead of your private physician examination.***

Parent/Guardian Signature \_\_\_\_\_

Best Regards,

Mrs. Stephanie Rowland, APSS

Mrs. Amanda Palo, RN, BSN

Mrs. Regina Catalano, RN, MSN