



# Dr. Olga Mohan Breakfast - NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ORANGE	APPLE	BANANA	MELON	JUICE OR GREEN APPLE
		1	2	3
		CINNAMON CRUMB CAKE FRUIT MILK	STRAWBERRY YOGURT GRANOLA FRUIT MILK	MINI PANCAKES, WHEAT SYRUP 100% FRUIT JUICE OR FRUIT MILK
6	7	8	9	10
CINNAMON TOASTERS CEREAL BEAR GRAHAMS FRUIT MILK	FRENCH TOAST, WHEAT SYRUP FRUIT MILK	WHEAT BAGEL CREAM CHEESE FRUIT MILK	BLUEBERRY SPOONERS CEREAL BEAR GRAHAMS FRUIT MILK	<b>No School</b>
13	14	15	16	
CINNAMON CRUMB CAKE FRUIT MILK	CINNAMON OATMEAL SYRUP FRUIT MILK	PEACH YOGURT GRANOLA FRUIT MILK	HONEY GRAHAM TOASTERS CEREAL BEAR GRAHAMS FRUIT MILK	CHICKEN CHORIZO BURRITO TAPATIO 100% FRUIT JUICE OR FRUIT MILK
20	21	22	23	24
<b>No School</b>				
27	28	29	30	
STRAWBERRY BANANA YOGURT GRANOLA FRUIT MILK	TKY SAUSAGE BREAKFAST BURRITO TAPATIO FRUIT MILK	HONEY SCOOTERS BEAR GRAHAMS FRUIT MILK	CINNAMON CRUMB CAKE FRUIT MILK	
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# Dr. Olga Mohan Lunch

# - NOVEMBER 2017

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
APPLE		JUICE OR MELON		GREEN APPLE		BANANA		ORANGE	
				1		2		3	
				CHEESE LASAGNA *CHEESE LASAGNA SEASONED CARROT COINS *WHEAT ROLL *FRUIT *MILK	5 OZ 8 OZ 1 1 8 FL OZ	BEEF & BROCCOLI *SEASONED BEEF BROCCOLI BROWN RICE *TAPATIO *FRUIT *MILK	2 OZ 8 OZ 8 OZ 1 1 8 FL OZ	*ITALIAN HOAGIE SALAMI PEPPERONI SWISS CHEESE WHEAT HOAGIE *CELERY STICKS *RANCH DRESSING *MAYONNAISE/ MUSTARD *FRUIT *MILK	1 OZ 1 OZ 1 OZ 1 8 OZ 1 1 1 8 FL OZ
6		7		8		9		10	
BEAN BURRITO *BEAN AND CHEESE BURRITO *CARROT STICKS *RANCH DRESSING *TAPATIO *FRUIT *MILK	1 8 OZ 1 1 1 1 8 FL OZ	TURKEY & CHEESE SANDWICH BROCCOLI FLORETS RANCH DRESSING JUICE OR FRUIT MILK	2 OZ 8 OZ 8 OZ 1 1 8 FL OZ	SPAGHETTI W/MEATBALLS *WHOLE WHEAT SPAGHETTI MEATBALLS (3 OZ) TOMATO SAUCE BROCCOLI *FRUIT *MILK	8 OZ 6 PIECES 2 OZ 8 OZ 1 8 FL OZ	CHIPOTLE CHICKEN *SEASONED BAKED DRUMSTICKS MASHED POTATOES *WHEAT ROLL *TAPATIO *FRUIT *MILK	2 OZ 8 OZ 1 1 1 8 FL OZ	No School	2 OZ 4 OZ 6 OZ 1 1 1 1 8 FL OZ
13		14		15		16		17	
CHICKEN TENDERS *BAKED CHICKEN TENDERS POTATO WEDGES *WHEAT ROLL *KETCHUP (2) *FRUIT *MILK	2 OZ 8 OZ 1 2 1 8 FL OZ	BEEF BURRITO *BEEF, BEAN, & RED CHILI BURRITO *CHEESY CAULIFLOWER *TAPATIO *JUICE OR FRUIT *MILK	1 8 OZ 1 1 1 8 FL OZ	HAMBURGER KETCHUP BLACK BEAN & CORN SALAD FRUIT MILK	2 OZ 4 OZ 4 OZ 0.5 OZ 1 1 1 8 FL OZ	CHICKEN BURGER KETCHUP POTATO SALAD FRUIT MILK	2 OZ 1 OZ 2 OZ 8 OZ 1 1 1 8 FL OZ	CHICKEN CHOW MEIN *CHICKEN CHOWMEIN BROCCOLI *TAPATIO *FRUIT *MILK	2 OZ 8 OZ 8 OZ 1 1 8 FL OZ
20		21		22		23		24	
NO School									
27		28		29		30			
TURKEY & CHEESE SANDWICH BROCCOLI FLORETS RANCH DRESSING JUICE OR FRUIT MILK	1 8 OZ 1 1 1 8 FL OZ	SPAGHETTI WITH TURKEY SAUCE *GROUND TURKEY WHEAT SPAGHETTI TOMATO SAUCE DICED CARROTS *JUICE OR FRUIT *MILK	2 OZ 8 OZ 2 OZ 8 OZ 1 8 FL OZ	HAMBURGER KETCHUP BLACK BEAN & CORN SALAD FRUIT MILK	2 OZ 8 OZ 8 OZ 1 1 8 FL OZ	BEEF FAJITA WRAP *BEEF FAJITAS REFRIED BEANS *WHEAT TORTILLA *TAPATIO *FRUIT *MILK			

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