

Canton ISD SHAC 12/14/2016

Minutes: 15:37-16:40

Community Representation: Myles Pennington, Heather Mackey, Kimberly Horton, Stacey Moore, Cristie Martin, and Kelly Riley.

Staff Representation: Ashley Herchman, Christy McClelen, John Norrell, Jennifer Moore, and Sunday Elerson.

Canton Elementary Physical Education Teacher, Ashley Herchman discussed The Coordinated Approach to Child Health (C.A.T.C.H) curriculum used for our district. C.A.T. C.H. is age group specific with fitness components including: flexibility, strength, endurance, balance, and coordination skills. CISD students participate in 45 minutes of Physical Education class five days a week. This program is taught in P.E and arranged to instill healthy ideas to incorporate healthy food choices and physical activities, not only at school but at home.

Heather Mackey and Kimberly Horton discussed enrollments for Medicaid. SHAC was encouraged to share the www.chipmedicaid.org a resource to CISD families that informs parents of the importance of medical and dental check-ups. This site helps schedule appointments, as well as aids in choosing a primary health care provider. Families can go to this site and plug in their income bracket and the number of people in their family to inquire about qualifying for benefits. Another option for assistance is to call 1-800-964-2777.

Sunday Elerson, RN