

December

Howard Gardner Community School

2017 - 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> • plain bagel & cream cheese fruit & Milk 1
<ul style="list-style-type: none"> • zac omega fruit-filled blackberry bar (df) • snow flurries cereal (df) fruit & Milk 4	<ul style="list-style-type: none"> • hot buttermilk pancakes • autumn spice muffin fruit & Milk 5	NO BREAKFAST 6	<ul style="list-style-type: none"> • hot french toast sticks, sausage, and egg • blueberry bagel & cream cheese fruit & Milk 7	<ul style="list-style-type: none"> • banana muffin • cinnamon chex & zac apple bar fruit & Milk 8
<ul style="list-style-type: none"> • cocoa critters cereal (df) fruit & Milk 11	<ul style="list-style-type: none"> • hot cinnamon toast bagel • lemon muffin fruit & Milk 12	NO BREAKFAST 13	<ul style="list-style-type: none"> • hot omelet and french toast sticks • blueberry burst muffin fruit & Milk 14	<ul style="list-style-type: none"> • zee zees berry apple bar (df) • plain bagel & cream cheese fruit & Milk 15
Wintr Break Starts 18	19	20	21	22
25	26	27	28	29

Did You Know?

Studies show students who eat breakfast do better on school tests! A hungry tummy can distract kids from learning.

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

This institution is an equal opportunity provider

Subject to be changed