



Weekly Wildcat News

December 12, 2016

Happy Monday Wildcat Families,

The countdown is on for our last few school days in 2016!. As a reminder to all families, Monday, Tuesday and Wednesday are MINIMUM DAYS, with grades 1-2 dismissing at 1:15pm and grades 3-5 dismissing at 1:30pm as our teachers complete parent/teacher conferences. Kindergarten students maintain their normal schedule throughout conferencing. We ask all of our families to please remember to come through the front office to check in prior to meeting your child's teacher. Due to the number of conferences that our teachers are holding, we thank everyone for arriving promptly at your scheduled time so that other families are no impacted.

Is your child missing a coat? Maybe a favorite sweater is lost? Please encourage your child to check out our Lost and Found, located in the cafeteria. We have close to a hundred jackets, sweatshirts, lunch boxes and water bottles, just waiting to be reunited with a family. After January 1st, all clothing articles not collected will be donated to charity.

I would also ask all of our adults to be mindful during pick up and drop off and NOT to approach or speak to students other than your own children. If you have any concerns about another student's behavior, I would ask that you approach a supervisor, teacher or administrator so that we may correct the situation.

Important Dates this Week:

Monday, December 12th - MINIMUM DAY

Food Drive Continues (see below)

Tuesday, December 13th - MINIMUM DAY

Wednesday, December 7th - MINIMUM DAY

Pretend It's Snowing Day - Wear White

LIFT OFF Double Day

The Art of Puppets and Marionettes Assembly for grades K-5 - Thank you PTA!

Friday, December 9th - LIFT Combined Day

8:30am Flag Ceremony

9:30am 2nd grade music performance

Food Drive Ends

12:30pm First Battle of the Books meeting for 4th and 5th grade students in the Cafeteria



Long Beach
Rescue Mission



Holiday Food/Clothing Drive

Dec. 5 - Dec. 16, 2016

The Holidays represent a time of giving & helping those in need. This year we are asking your help to please support the Long Beach Rescue Mission with donations of either food, toiletries or clothing. Since 1972, the Long Beach Rescue mission has opened their doors to thousands of homeless and less fortunate men, women and children in the community. They provide over 275,000 meals per year. This program changes lives and you can to..We are asking for your help. www.lbrm.org

There will be marked boxes located throughout the school for all donations

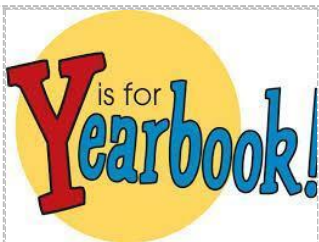
Some Of The Items You Can Donate:

- Canned Veggies
- Canned Fruits
- Ground Coffee
- Bottled Water
- And Other Non-Perishable Foods
- Socks & Underwear for Men, Women, and Children
- Baby Supplies
- Jackets, Warm Clothing
- Aspirin
- Sleepware/Pillowcases & fitted sheets (twin size)
- Toiletries
 - toothbrushes (unused and in new packaging)
 - toothpaste
 - deodorant
 - shampoo
 - shaving cream
 - shaving razors (Men & Women)
 - lotion
 - conditioner

**THANK YOU FOR YOUR SUPPORT,
MAYA GAINES**



Our Christmas table STARTS WITH YOU



UPLOAD YOUR PICTURES TO THE YEARBOOK!

Do you have great pictures of your classroom's Halloween party, Skechers Pier to Pier Walk, Flag Ceremony, Red Ribbon week, or other Alta Vista events? If

so, the Yearbook staff would love to see them.

Just follow these steps to submit your photos:

- Go to <https://images.schoolannualonline.com/login.jsp>.
- If it does not automatically log you into the site, enter USERNAME:406743617
- Browse to select the photo(s) you wish to upload.
- Enter information about the photo including student name, name of his/her teacher and your contact information.
- Click "Save Details".

It's that easy!

YEARBOOK PUBLIC DISPLAY OF AFFECTION ADS

Don't miss this great opportunity to tell your student, "I love you and I'm proud of you," by placing a Public Display of Affection Ad in the yearbook!

Whether your son or daughter is a preschooler or 5th grader, a yearbook dedication is always a great idea. In the future, seeing your message will bring a smile as they remember your love and support during these important years.

Instructions and pricing to purchase one can be found by [clicking here](#) or attached to this eblast.



Influenza (Flu) in our community tends to peak during the winter months. We have received many reports of student's needing to miss school due to flu-like symptoms. The best prevention against the flu is still the seasonal flu vaccine. It is not too late to get your flu vaccine! Many doctor's offices and pharmacies have vaccine available now.

We want you to protect yourself and your family against the flu. Here are some ways to prevent the spread of illness and take care of your family.

- **Know the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- **Keep sick children at home** for at least 24 hours *after* they no longer have fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of people who may get infected.
- **Do not send children to school if they are sick.** Any children who are determined to be sick while at school *will be sent home*.
- **Teach your children to wash their hands** often with soap and water or

an alcohol-based hand rub. You can set a good example by doing this yourself.

- **Teach your children not to share personal items** like drinks, food or unwashed utensils, and to cover their coughs and sneezes with tissues. Instruct your children to cover up their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is unavailable.
- **Vaccine is available to private physicians and pharmacies.** We encourage you to contact your personal health care provider for advice regarding a vaccination for your child.

For more information, you may visit www.flu.gov,
www.publichealth.lacounty.gov



The WATCH D.O.G.S. are back!

Want to be a member of the WATCH D.O.G.S.?

We're using SignUp.com (the leading online SignUp and reminder tool) to organize our upcoming SignUps.

Here's how it works in 3 easy steps:

- 1) Click this link to see our SignUp on SignUp.com: <http://signup.com/go/z9SANm>
- 2) Review the options listed and choose the spot(s) you like.
- 3) Sign up! It's Easy - you will NOT need to register an account or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

We ask our fathers to limit their sign ups to no more than 2 per year so that all of our Fathers can have an opportunity.



How to have a productive reading conversation with your child - prompts for supporting your reader

Productive Talk Question #10: What was the a problem in this story? Show me where the problem was resolved in the story. How do you know?



Alta Vista PTA

Donate to PTA Today!

Thank you to everyone who has already generously donated to PTA so far this school year. Currently, we are still at only 60% of our flat fee donation goal and need your support to reach our goal. If you have not yet had the opportunity to donate, or would like to donate an additional amount, it's not too late! Donations of ANY amount can be made at our web store at <https://AltaVistaPTA.myschoolcentral.com>.

All contributions are tax deductible and are critical to support our planned budget of over \$112,000 of funding for programs such as Hands on Art, field trips, assemblies, teacher educational funds, and much, much more!

Thank You Volunteers & Supporters!

The Alta Vista PTA Executive Board would like to give a warm **THANK YOU** and wish all of our PTA members *Happy Holidays!* We are so grateful for the wonderful parents, guardians, teachers & staff at our school. We've had an awesome start to the school year and we look forward to the many fun activities and programs we have planned for the Alta Vista families in 2017!



PTA Membership LEGOLAND Promotion

PTA members are eligible for FREE and discounted Legoland tickets! Please contact our VP of Membership at Valerie.schoolnewsrollcall@gmail.com, for information on getting your discount and free tickets.

Not a PTA member yet? It's not too late to join and get your free tickets! Anyone is eligible to join so please invite your friends and family to join as well. Visit <https://AltaVistaPTA.myschoolcentral.com> to purchase PTA memberships, make a donation and purchase Wildcat gear items, Yearbooks and Emergency kits.

Membership Cards: If you purchased your membership on our web store, you can also print your membership card there by logging into your account and selecting the "Membership Cards" button. Otherwise, unless you received your card at the Ice Cream Social, other memberships purchased will be distributed to the classrooms within the next couple of weeks.



Pizza With a Purpose

CPK Gift Card Fundraiser Through January 1st: Purchase a CPK gift card during this time frame and 10% will go back to Alta Vista! Plus, for every \$100 purchased, a \$20 promo card will be sent (Promo cards are sent via e-certificate – no matter if plastic or e-cards are ordered). Purchases can be made at https://merchant.wgiftcard.com/wlc/virtual/cpk_fundraising/016_altavistapta/cpk

Please see attached flyer and contact Gail Lazo at gail.lazo@yahoo.com or Amie Jacoby at avpta.fundraising@gmail.com with any questions.

Become an Alta Vista PTA Community Partner Today!

Do you or someone you know own a local business that you would like to promote through Alta Vista PTA? We have just launched our new Alta Vista PTA Community Partner program to offer sponsorship and fundraising opportunities to help support Alta Vista. Please see attached information for further details and please share with your friends and family who own local businesses.

Limited Quantities of Wildcat Gear Now Available on Webstore

There is a limited quantity of T-shirts, sweatshirts and other Wildcat gear available for purchase on our webstore at <https://AltaVistaPTA.myschoolcentral.com>. In stock quantities are available for delivery before Christmas break, so purchase now if you would like something for your students, teacher or administrator for the holidays. Our tote bags or stainless steel water bottles make great gifts!

Other Ways to Connect with and Support Alta Vista PTA

Check out our website at www.AltavistaPTA.org and Like us on our **new** Facebook page: <https://www.facebook.com/altavistapta>

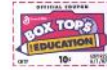
Also check out our website for information on easy fundraising opportunities such as South Bay Galleria Rewards, [*Treasured Moments*](#), [*Photography*](#), [*Amazon Smile*](#) and [*Mabel's Labels*](#).



HELP



COLLECT



Thank you for playing with Mr. Fox in Socks!

The classroom collected the most socks wins free kid's meals from Corner Bakery. Each kid's meal includes a sandwich or a mac & cheese, a beverage, and a cookie.

$$30 \text{ } \boxed{\text{BOX TOPS FOR EDUCATION!}} = 1 \text{ } \text{sock icon}$$



WE HAVE 2 WINNERS

Congrats to
Ms. Cueva Class (4th Grade, Room 23)
Ms. Mathenge Class (3rd Grade, Room 15)
For Winning the Fox-In-Socks Contest



Ms. Mathenge - 3rd Grade, Room 15
Ms. Cueva - 4th Grade, Room 23



Ms. Boiko - 5th Grade, Room 24



Ms. Chen - 5th Grade, Room 25
Ms. Catterson - 1st Grade, Room 8



Ms. Knezvich - 3rd Grade, Room 13
Ms. Tuler - 4th Grade, Room 38
Ms. Young - Kindergarten, Room 4AM
Ms. Washington - Kindergarten, Room 4PM

Calling Elementary and Middle School Parents
It's Never too Early to Begin...
College Savings and Planning Night

Come join us for one hour on any of the following nights to learn more about the costs of college and how to plan to pay for it.

Speakers include:

Dr. Steven Keller, RBUSD Superintendent of Schools

Shannon Rodriguez, RUHS, College Resource Counselor

Mike Diephouse, ScholarShare, Tuition Financing Consultant

Thursday, January 12th @ Parras M.S. Cafeteria

Tuesday, January 17th @ Parras M.S. Cafeteria

Thursday, January 26th @ Adams M.S. Cafeteria

Tuesday, January 31st @ Adams M.S. Cafeteria

All events begin at 6:30 p.m. sharp!
Child care for school-aged children will be available at each event.



Brought to you by the Redondo Beach Unified
School District and the Redondo Beach
Educational Foundation



Growth Mindset Corner

How do I Help Promote a Growth Mindset?

According to Carol S. Dweck, Ph.D., author of [Mindset](#), Check out the following links to learn more about the plasticity of your brain!

3. Do you know brains can grow?

Explain to kids how the [brain can grow stronger](#) and that intelligence can improve throughout your life. **Intelligence is not fixed.** It's changeable. This is called [brain plasticity](#). (Aren't you so glad!?)

What's more, [learning CHANGES our brains](#). (Again, three cheers for brain growth!) Kids need to know this is possible.



Don't Miss Winter AdventureCamp

Make this holiday break one to remember by enrolling your kids in Winter AdventureCamp, December 19 – 23, December 26 – 30, and/or January 2 – 6!

AdventureCamp offers a jam-packed schedule filled with healthy holiday fun and games, including creating take-home crafts like ornaments, picture frames and candle holders. Plus, your child can hone their strength and balance by navigating the rock wall and ropes course, which are both open every day. You have the option to register for a single day of AdventureCamp or save 20% by signing up for a full week! [Register Here](#)



Prospective Parent Tours & Kindergarten Registration

Know a family with a prospective kindergartner or new student for the 2017-18 school year? Our informational tours and kindergarten registration dates are posted on our website. Please direct any interested parents to our website for details.

Student Absences

Just a reminder that all student absences need to be reported to our main office at 310-798-8650 every day that your child is going to be absent. Our office calls all of the families of absent students if we do not hear from you by 10am.

Our district is happy to announce a new consolidated site for all district flyers featuring community events. Please [click here](#) to view all of the latest flyers available to families and our community. Looking for a flyer specific to Alta Vista and our after-school programs?

[Click here](#) to be directed to our home page that houses all of our latest flyers.

Important Dates for the Next Few Weeks:

Wednesday, December 14th - Pretend its Snowing Day - wear white

Friday, December 16th - 8:30am Flag Ceremony

December 19th - January 2nd - No School, Winter Holidays

Tuesday, January 3rd - School Reopens

Wednesday, January 4th - Superhero day

LIFT OFF Double Day

Friday, January 6th - PE Make up Day

Friday, January 13th - 8:30am Flag Ceremony

Monday, January 16th - Local Holiday - No School

Tuesday, January 17th - 8am Wellness Council

Friday, January 20th - 8am PTA Meeting

Saturday, January 21st - RBUSD Kindergarten Informational Meeting - Time TBD

Monday, January 23rd - Prospective Parent Tour 8:30am

Tuesday, January 24th - Compliment Day

Wednesday, January 25th - Kindergarten Field Trip to Zoo

Thursday, January 26th - MINIMUM DAY - Staff Professional Development

January 26th - 27th - Hands on Art Training in AV Cafeteria

Monday, January 30th - 4th grade field trip to Irvine Park Railroad

Ways to Support Alta Vista:

Join the PTA!

Consider donation to the Redondo Beach Educational Foundation. Go to www.rbef.org/donate

Student absences cost the school \$38 per day per child. Families are welcome to repay that cost directly back to Alta Vista if able.

Shopping Online? Please help Alta Vista PTA by shopping through Amazon Smile. At no cost to yourself, Amazon will donate 0.5% of your purchase price to Alta Vista PTA. Remember to select Alta Vista PTA as your cause or use this link. (Tip: if you bookmark this link when it opens you can make sure you are shopping in Smile. <http://smile.amazon.com/ch/95-3154489>)

Looking to purchase a new lunchbox or lunch gear? Go to www.mightynest.com where 15% of your purchases will go directly back to Alta Vista.

Don't forget to collect and return your General Mills Box Tops for Education. Every boxtop is money for our school!

Go to mycokerewards.com/school, enter your Coca-Cola product codes and donate to our school. Our school can redeem the points for much needed physical education equipment.

Keep collecting your Galleria receipts! Just shop and log receipts from any South Bay Galleria stores and restaurants until December 31, 2013. Receipts can be logged at Guest Services anytime during the program. Remember to tell your family, friends, neighbors and co-workers to log their receipts. Anyone can support AV in the Galleria School Rewards Program!

Stopping by Jamba Juice on a warm summer day? Just show the PTA Jamba Card when making a purchase.

Have a wonderful week,

Mrs. Wildes