


# MAY 2018 - Conover School - Breakfast / Lunch Menu

## NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two components, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

**Available Daily at Breakfast -** × Assorted Cereal × Toast w/Jelly × Cinnamon Grahams × Yogurt × Juice × Fruit × Milk ×

<b>Breakfast Prices 2017-2018</b>		<b>Lunch Prices 2017-2018</b>			<b>Cost of Meals for May 2018 - (22 days)</b>	
Grades K to 12 - \$1.25 Reduced Rate - \$0.00 Entrée Only - \$1.00 Milk Only - \$0.50		Grades K to 5 - \$2.50 Grades 6 to 12 - \$2.75 Reduced Rate - \$0.40 Entrée Only - \$1.75			<b>Breakfast</b>	<b>Lunch</b>
					Grades K to 12 - \$27.50 Reduced Rate - \$0.00	Grades K to 5 - \$55.00 Grades 6 to 12 - \$60.50 Reduced Rate - \$8.80
		<b>1</b> <b>School Principal's Day!</b> <b>Breakfast</b> WG Breakfast Donut 41  <b>Lunch</b> Pork Chop w/gvy & roll 39 Chicken Fajita 26 Turnip Greens 0 Mashed Potatoes 15 Mixed Fruit 19 Apple Juice 14	<b>2</b> <b>Breakfast</b> Sausage Biscuit 29  <b>Lunch</b> Country Chicken & Biscuit 30 Hot Ham & Chz Croissant 30 Sweet Potato Fries 12 Steamed Broccoli 5 Sliced Pears 14 Baked Apples 28	<b>3</b> <b>Breakfast</b> Fr Tst Sticks w/syrup 52  <b>Lunch</b> Soft Taco 25 Pulled Pork Sandwich 27 Refried Beans 22 Steamed Green Peas 22 Sliced Peaches 14 Sweet Apple Slices 13	<b>4</b> <b>School Lunch Hero Day!</b> <b>Breakfast</b> Breakfast Sliders 20  <b>Lunch</b> Dominos Pizza 29 Grilled Cheese Sandwich 30 Vegetable Medley 4 Glazed Carrots 17 Applesauce 15 Raisins 34	
<b>7</b> <b>Breakfast</b> Pork Biscuit 37  <b>Lunch</b> Hot Dog 31 Cr Ckn Salad w/Brdstk 38 Potato Wedges 18 Baked Beans 39 Sliced Peaches 14 Sliced Pears 14	<b>8</b> <b>Breakfast</b> Breakfast Muffin IW 41  <b>Lunch</b> Ckn & Chz Quesadilla 23 Country Style Steak w/roll 19 Pinto Beans 15 Mashed Potatoes 15 Fruit Punch 14 Applesauce 15	<b>9</b> <b>Breakfast</b> SSG Breakfast Pizza 24  <b>Lunch</b> Turkey Tetrazzini w/roll 58 Chicken Fajita 26 Roasted Baby Carrots 7 Seasoned Green Beans 6 Apple Crisp 57 Mixed Fruit 19	<b>10</b> <b>Breakfast</b> Dutch Waffle 68  <b>Lunch</b> Southwest Beef Fiestada 43 Mandarin Orange Ckn w/rice 39 Glazed Carrots 17 Steamed Green Peas 22 Sliced Pears 14 Raisins 34	<b>11</b> <b>Breakfast</b> Flapstick w/syrup 37  <b>Lunch</b> Dominos Pizza 29 Pulled Pork Sandwich 27 Steamed Broccoli 5 Sweet Potato Fries 12 Baked Apples 28 Sliced Pears 14		

Menus, Nutrition, and Allergen Information can be found on our system website: [www.newton-conover.org](http://www.newton-conover.org) - Menus are subject to change - Notice is given when possible

<p><b>14</b></p> <p><b>Breakfast</b> Fr Tst Sticks w/syrup 52</p> <p><b>Lunch</b> Stuffed Cheese Sticks 30 Baked Ziti w/roll 69 Seasoned Corn 21 Vegetable Medley 4 Frozen Fruit Cup 21 Apple Juice 14</p>	<p><b>15</b></p> <p><b>Breakfast</b> Chicken Biscuit 36</p> <p><b>Lunch</b> Chicken Fillet Sandwich 43 Macaroni &amp; Cheese 65 Steamed Broccoli 5 Veggie Ranch Salad 2 Sweet Apple Slices 13 Mixed Fruit 19</p>	<p><b>16</b></p> <p><b>Breakfast</b> Cinnamon Roll 53</p> <p><b>Lunch</b> Breakfast for Lunch 15 Ckn &amp; Chz Quesadilla 23 Carrot Chips w/Dip 9 Potato Tots 16 Baked Apples 28 Fruit Punch 14</p>	<p><b>17</b></p> <p><b>Breakfast</b> Breakfast Pizza 26</p> <p><b>Lunch</b> Hamburger 29 Pork Carnitas 23 Baked Beans 39 Lettuce/Tom/Pickle/Onion 3 Applesauce 15 Sliced Peaches 14</p>	<p><b>18</b></p> <p><b>Breakfast</b> Mini Choc Chip Fr Tst IW 35</p> <p><b>Lunch</b> Dominos Pizza 29 Beanie Wienies w/roll 48 Scalloped Potatoes 18 Glazed Carrots 17 Mandarin Oranges 26 Sliced Pears 14</p>
<p><b>21</b></p> <p><b>Breakfast</b> Breakfast Pizza 26</p> <p><b>Lunch</b> Spaghetti w/Breadstick 69 Deli Turkey &amp; Chz Sandwich 30 Veggie Ranch Salad 2 Seasoned Green Beans 6 Baked Apples 28 Pineapple Tidbits 22</p>	<p><b>22</b></p> <p><b>Breakfast</b> WG Breakfast Donut 41</p> <p><b>Lunch</b> Pork Chop w/gvy &amp; roll 39 Chicken Fajita 26 Turnip Greens 0 Mashed Potatoes 15 Mixed Fruit 19 Apple Juice 14</p>	<p><b>23</b></p> <p><b>Breakfast</b> Sausage Biscuit 29</p> <p><b>Lunch</b> Country Chicken &amp; Biscuit 30 Hot Ham &amp; Chz Croissant 30 Sweet Potato Fries 12 Steamed Broccoli 5 Sliced Pears 14 Baked Apples 28</p>	<p><b>24</b></p> <p><b>Breakfast</b> Fr Tst Sticks w/syrup 52</p> <p><b>Lunch</b> Soft Taco 25 Pulled Pork Sandwich 27 Refried Beans 22 Steamed Green Peas 22 Sliced Peaches 14 Sweet Apple Slices 13</p>	<p><b>25</b></p> <p><b>Breakfast</b> Breakfast Sliders 20</p> <p><b>Lunch</b> Dominos Pizza 29 Grilled Cheese Sandwich 30 Vegetable Medley 4 Glazed Carrots 17 Applesauce 15 Raisins 34</p>
<p><b>28</b></p> <p><b>NO SCHOOL HOLIDAY</b></p> 	<p><b>29</b></p> <p><b>N'tl Hamburger Day!</b></p> <p><b>Breakfast</b> Breakfast Muffin IW 41</p> <p><b>Lunch</b></p>  <p>Hamburger 29 Pork Carnitas 23 Baked Beans 39 Lettuce/Tom/Pickle/Onion 3 Baked Apples 28 Sliced Peaches 14</p>	<p><b>30</b></p> <p><b>Breakfast</b> SSG Breakfast Pizza 24</p> <p><b>Lunch</b> Turkey Tetrizzini w/roll 58 Ham &amp; Chz Quesadilla 23 Roasted Baby Carrots 7 Seasoned Green Beans 6 Frozen Fruit Cup 21 Mixed Fruit 19</p>	<p><b>31</b></p> <p><b>Breakfast</b> Dutch Waffle 68</p> <p><b>Lunch</b> Ckn &amp; Chz Quesadilla 23 Macaroni &amp; Cheese 65 Seasoned Corn 21 Steamed Green Peas 22 Sliced Pears 14 Applesauce 15</p>	<p><b>Don't forget to wish and thank the following staff for all they do!</b></p> <p><b>Monday, May 1st - N'tl School Principal's Day!</b></p> <p><b>Friday, May 4th - N'tl School Lunch Hero Day!</b></p>