



# Bronx Academy of Promise

## Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

October 24 - 28, 2016	Monday 10/24	Tuesday 10/25	Wednesday 10/26	Thursday 10/27	Friday 10/81
<b>Hot Meals</b>	Chicken Parmesan w/Tomato Sauce Penne Pasta Seasoned Collard Greens	BBQ Chicken w/Brown Rice Black Beans Mixed Vegetables	Sloppy Joe's on a Bun Tater Tots Green Beans	Chicken Strips Fusilli Pasta w/Creamy Tomato Sauce Corn on the Cob	<b><u>Homemade Pizza</u></b>  Pepperoni Pizza or Cheese Pizza
<b>Sandwich Meals</b>	<b><u>Deli Wraps!</u></b> <b><u>Italian Sub</u></b> Turkey, Ham American Cheese on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich	<b><u>Deli Wraps!</u></b> <b><u>Chicken Salad Wrap</u></b> Cubed Chicken, Celery & Mayo on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich	<b><u>Hot Panini!</u></b> <b><u>Tuna Melt</u></b> Cheddar Cheese, Celery, Lettuce & Tomato on a W. W. Roll 3 Bean Salad or Sunbutter & Jelly Sandwich	<b><u>Deli Wraps!</u></b> <b><u>Turkey BLT Wrap</u></b> Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap or Sunbutter & Jelly Sandwich	Carrot Sticks or Tossed Romaine Salad or Sunbutter & Jelly Sandwich
<b>Salad Bar</b>	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	<b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas

**Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and**

**Assorted Cupped Fruit: Peaches, Pineapples, Pears**

**Milk: Low-Fat White and Non-Fat Chocolate**

*Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day*