

# Hopewell Valley Regional School District

Division of Pupil Services  
425 South Main Street  
Pennington, NJ 08534

## CONFIDENTIAL HEALTH HISTORY

(to be completed by parent or guardian)

### I. Identifying Information

Child's Last Name \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ Gender \_\_\_\_\_ Birth date (month/day/year) \_\_\_\_\_

Address (Number – Street, City and Zip) \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Home phone / business phone \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Home phone / business phone \_\_\_\_\_

Child lives with: \_\_\_\_\_

### II. Pregnancy and Birth History

#### A. Pregnancy

- |                                       |     |    |
|---------------------------------------|-----|----|
| 1. Illness of mother during pregnancy | YES | NO |
| 2. Injury of mother during pregnancy  | YES | NO |

#### B. Birth History

- |                        |     |    |                                          |     |    |
|------------------------|-----|----|------------------------------------------|-----|----|
| 1. Premature           | YES | NO | 6. Oxygen given during birth             | YES | NO |
| 2. Long labor          | YES | NO | 7. Incubator used                        | YES | NO |
| 3. Instrument delivery | YES | NO | 8. Bili lights used                      | YES | NO |
| 4. C-section           | YES | NO | 9. Illness of baby during first 28 days? | YES | NO |
| 5. Birth weight: _____ |     |    |                                          |     |    |

If your response has been YES to any of the above items, please specify the nature of the problem in the space below.

\_\_\_\_\_  
\_\_\_\_\_

### III. Previous Exams

- A. What is the date of your child's last physical exam? \_\_\_\_\_
- B. What is the date of your child's last dental exam? \_\_\_\_\_
- C. What is the date of your child's last eye exam? \_\_\_\_\_

Has your child ever been treated for a visual disorder? YES NO If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_

Has your child been prescribed glasses or contact lenses? YES NO If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_

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## IV. Mental, Emotional and Social Health History

- A. Has your child been treated for emotional issues? YES NO
- B. Has your child been treated for behavioral difficulties? YES NO
- C. Briefly describe your child's play habits alone and with peers/siblings. \_\_\_\_\_  
\_\_\_\_\_

## V. Medical History

- A. Has your child had problems in any of the following areas? Please check **YES** or **NO**.

Yes	No		Yes	No		Yes	No		Yes	No	
		Cancer			Eyes			Arthritis			Headaches
		Diabetes			Ears			Joint pain			Blackouts
		Down's syndrome			Nose			Growth problems			Dizziness
		High blood pressure			Throat			Hives			Fainting spells
		Seizure disorder			Jaws / teeth			Skin disorders			Ringings in ears
		Frequent nose bleeds			Wrists			Fungus infections			Lungs
		Tuberculosis			Hands			Nervous disorders			Shortness of breath
		Heart (rheumatic fever, etc.)			Fingers			Hernia (rupture)			Wheezing
		Stomach (ulcer, etc.)			Leg			Diabetes			Persistent cough
		Neuro-muscular condition			Hip			Epilepsy (convulsions)			Asthma
		Liver (hepatitis, etc.)			Knee			Blood in urine			Hay fever
		Enuresis (bed wetting)			Ankle			Diarrhea			Mononucleosis
		Bladder problem			Back / spine			Orthopedic problem			Chicken pox
		Fatigue & undue tiredness			Foot			Genitalia issues			Lyme disease
		Eating disorder			Toes			Autism			Tourette syndrome
		Head injury									

If you answered **YES** to any of the conditions listed above, please explain in the space below. Give the date and outcome of all conditions above or any conditions or medical history not listed. You may attach additional sheets and medical records if necessary.

- B. Has your child ever received speech therapy? YES NO If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

- C. Has your child ever been treated for a hearing disorder? YES NO If yes, please explain:  
Does your child have a hearing aid? YES NO \_\_\_\_\_  
\_\_\_\_\_

- D. Does your child have any eating problems or special diets? YES NO If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

- E. Does your child have any condition which might limit his/her activities at school? YES NO If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

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F. What medication does your child take daily? \_\_\_\_\_

G. What medications are given frequently, but not daily? \_\_\_\_\_

H. Allergies: Please list and describe any allergies and the reactions:

Medication: \_\_\_\_\_

Food: \_\_\_\_\_

Plants / animals / latex / bee sting / other: \_\_\_\_\_

I. Please list any surgeries, hospital admissions (medical or psychiatric), serious diseases, accidents or emergency room visits:

\_\_\_\_\_  
\_\_\_\_\_

## VI. Family History

Please circle and indicate relationship:

Diabetes	_____	Asthma	_____
Cancer	_____	Epilepsy	_____
Kidney disease	_____	Speech disorder	_____
High blood pressure	_____	Vision disorder	_____
Heart disease	_____	Hearing disorder	_____
Allergies	_____	Nervous/emotional disorder	_____

## VII. Comments / Concerns

If you have any other comments or concerns about your child's health, development, behavior, family or home life that you would like the school to be aware of, please explain.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature of Parent / Guardian

\_\_\_\_\_  
Date