

# Athletic Guidelines

## Rule

## Explanation

1. Absences – Excused & un-excused
2. Transportation
3. On File Requirements
4. Insurance
5. Equipment
6. Sports Transfers
7. School activities
8. Academic Make-Ups
9. 24 Hour Rule
10. Substance Use

As set forth by each sport's coach

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Each athlete is required to have on file: Physical/Medical history, Acknowledgement of Rules, Steroid Policy, & Athletic Guidelines – All signed by parent/guardian.

All athletes are encouraged to have personal family coverage to defer costs not covered by the school's plan. Information may be obtained about insurance from the office.

Athletes are responsible for all issued equipment. Damaged or lost equipment (not incurred from normal use) must be re-paid at equipment's cost.

If removed or quit, athletes shall not join their next sport without permission from both sport's coaches and the athletic director until the 1<sup>st</sup> sport is finished. May not be able to join a sport for the remainder of the school year – depending on status.

Athletes will not be punished for missing un-avoidable school conflicts. However, make-up work may be required.

Missing the athletic period to do academic make-ups will not be allowed – unless in sport coach allows.

No athlete will be dismissed from athletics until 24 hours has elapsed from the time of the offense.

Mandatory school issued drug testing is required for all athletes.

Possession or use of alcohol related substance

Possession or use of drugs, drug paraphernalia, or any mood altering chemicals

1<sup>st</sup> Offense: The student will be given the option of:

A. Participation in a drug assistance program and after a 45 calendar day period submitting to drug testing for the next 3 tests, plus 1 week suspension from extracurricular activities.

OR

B. Suspension from participation in extracurricular activities for the remainder of the semester; however, if the suspension occurs during the last 6 weeks of the semester, the suspension will extend until the end of the next semester. The student must test negative for re-entry.

2<sup>nd</sup> Offense: Will be suspended from all extracurricular activities for the remainder of the current school year; however, if the suspension occurs during the last 6 weeks of the semester, the suspension will extend until the end of the next semester. The student must successfully complete, at the parent/guardian's expense, an approved drug education/counseling program. After a 45 calendar day period, you will be subject to drug tests during the period of suspension and must test negative on each on each one if the student desires to participate in extracurricular activities in the future.

3<sup>rd</sup> Offense: The student will be expelled from all extracurricular activities for the remainder of their school career.

Conviction of any type of criminal activities:

1<sup>st</sup> Offense: Immediate suspension from athletics for the remainder of the semester and the following semester.

While I am a member of an Eastland ISD athletic team, I will not sell, distribute, use or possess any mood altering chemicals. I understand that the use of tobacco of any type is not permitted. I also agree not to be involved in any criminally related activity. I accept this agreement as morally binding and will honor each item in this agreement. Breaking this agreement will be grounds for dismissal from any athletic team and that I cannot change or participate in any Eastland ISD athletic activities until the suspension or obligation is fulfilled. A set of athletic guidelines have been given to me and I accept these guidelines and will abide by them.

Signature of athlete \_\_\_\_\_

Date \_\_\_\_\_

Signature of parent/guardian \_\_\_\_\_

Date \_\_\_\_\_