



## Treating Head Lice Infestation with Malathion

Malathion (Ovide<sup>\*</sup> lotion) was re-approved by the Food and Drug Administration (FDA) as a prescription drug for the treatment of head lice infestation in the United States. Follow the directions below to treat a head lice-infestation.

### Step 1: Treat the person infested with head lice:

1. Apply malathion according to label directions, to dry hair until the scalp and hair are wet and thoroughly coated, especially behind the ears and on the back of the head and neck. Leave the medication on the hair uncovered for 8-12 hours; allow the hair to dry naturally. Have the person put on clean clothing once medication has been applied. (Consider treating just before bedtime. Once malathion has been applied to the hair and scalp, cover any pillow(s) with a towel to keep medication from staining the pillow.)
2. After 8-12 hours, thoroughly wash hair.
3. A fine toothed nit (head lice egg) comb should be used to remove lice and nits from the hair.
4. After treatment, check hair for lice and comb hair with a nit comb to remove nits and lice every 2-3 days. Continue checking for 2-3 weeks until you are sure all lice and nits are gone.
5. If crawling bugs are found 9 days after treatment, retreat with a second application of the same medication.

### **Warnings and Precautions:**

1. Malathion may cause stinging, especially if the scalp has open sores from scratching.
2. Malathion is flammable. Keep medication out of the eyes and away from heat sources such as hair dryers, electric curlers, cigarettes, or open flames.
3. Pregnant and nursing mothers should use malathion only after consulting their physician.

### Step 2: Treat the household:

Head lice do not live long if they fall off a person. You do not need to spend a lot of time or money on house cleaning activities. Follow these steps to help avoid re-infestation by lice that have recently fallen off the hair or crawled onto clothing or furniture.

1. To kill lice and nits, machine wash all washable clothing and bed linens that the infested person has worn or slept on during the 2 days before treatment. Use the hot water (at least 130° F) cycle. Dry laundry using the high heat setting for at least 20 minutes
2. Dry clean clothing worn 2 days before treatment if it is not washable, (coats, hats, scarves, etc.) OR store all clothing, stuffed animals, comforters, etc., that cannot be washed or dry cleaned in a plastic bag and seal for 2 weeks.
3. Soak combs and brushes for 5-10 minutes in hot (at least 130° F) water.
4. Vacuum the floor and furniture. Do not use fumigant sprays; they can be toxic if inhaled or absorbed through the skin.

### Step 3: Prevent Reinfestation:

Lice are most commonly spread directly by head-to-head contact and indirectly through sharing contaminated clothing or belongings. Teach your child to avoid types of play and

other activities that are likely to spread lice.

- Avoid head-to-head contact during play at school and at home (slumber parties, sports activities, at camp, on a playground).
- Do not share clothing, such as hats, scarves, coats, sports uniforms, hair ribbons, or barrettes.
- Do not share infested combs, brushes, or towels.
- Do not lie on beds, couches, pillows, carpets, or stuffed animals that have recently been in contact with an infested person.

**My child is under 2 years old and has been diagnosed with head lice. Can I treat him or her with malathion (Ovide\* lotion)?**

For children under 2 years old, ask your child's health care provider for treatment recommendations. The safety and effectiveness of malathion lotion has not been established by well controlled trials in children less than 6 years of age.

**Are treatment failures with malathion common?**

No, however reinfestation can occur.

**Is a second treatment needed?**

Maybe. If crawling lice are still found, a second treatment may be given in 7-9 days. Other family members should be checked for signs of infestation.

**Does malathion kill head lice eggs?**

Yes. The malathion (Ovide\* lotion) available by prescription in the United States can kill lice eggs. Some medication also remains on the hair for several days to kill any lice that may hatch after initial treatment.

**My child has head lice. I don't. Should I treat myself to prevent being infested?**

No, although anyone living with an infested person can get head lice. Check household contacts for lice and nits every 2-3 days. Treat only if crawling lice or nits within a 1/4 inch of the scalp are found.

**Should my pets be treated for head lice?**

No. Head lice do not live on pets.

**Should household sprays be used to kill adult lice?**

No. Spraying the house is NOT recommended. Fumigants and room sprays can be toxic if inhaled or absorbed through the skin.

**Should I have a pest control company spray my house?**

No. Vacuuming floors and furniture is enough to treat the household.

*\*Use of trade names is for identification purposes only and does not imply endorsement by the Public Health Service or by the U.S. Department of Health and Human Services.*

*This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider. If you have any questions about the disease described above or think that you may have a parasitic infection, consult a health care provider.*

Revised February 1, 2008

