



Wildomar
Elementary
School

RTI and PBIS








Social Skills Curriculum

Great TiGeRRS are Responsible,
Respectful and Safe



13 Social Skills

For school, home and life

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1. Following Directions/Listening
 2. Getting Adult's Attention/Requesting Help
 3. Staying On Task
 4. MYOB_Minding Your Own Business
 5. Resisting Peer Pressure
 6. Asking Permission
 7. Accepting 'No' For An Answer
 8. Making An Apology
 9. Working With Others
 10. Disagreeing Appropriately
 11. Waiting Your Turn
 12. Using Appropriate Voice Tone
 13. Giving A Complement

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1-Following Directions/ Listening

1. Look at the person giving directions.
2. Wait until the person is done speaking before you do or say anything.
3. Show that you heard the information by nodding or responding, 'OK.'
4. Do what is being asked right away.
5. Check back.

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2-Getting An Adult's Attention/ Requesting Help

1. Look at the person whose attention of help you need.
2. Raise your hand or wait quietly until they respond to you.
3. Clear speak your comment or question.
4. Wait for the response.
5. Thank the adult/person for the help.

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3-Staying on task

1. Look at your task or assignment.
2. Think about the steps needed to complete the task.
3. Focus all your attention on the task.
4. Stop working only when instructed.
5. Ignore distractions and interruptions.

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4-MYOB- Mind Your Own Business

1. Focus on your assignment or task.
2. Ignore all conversations, gestures, and distractions that are someone else's business.
3. Keep working until you receive further instructions or until you have finished the task.
4. Minding your own business can mean letting a person know when they are doing something wrong or reporting a wrong behavior to an adult.

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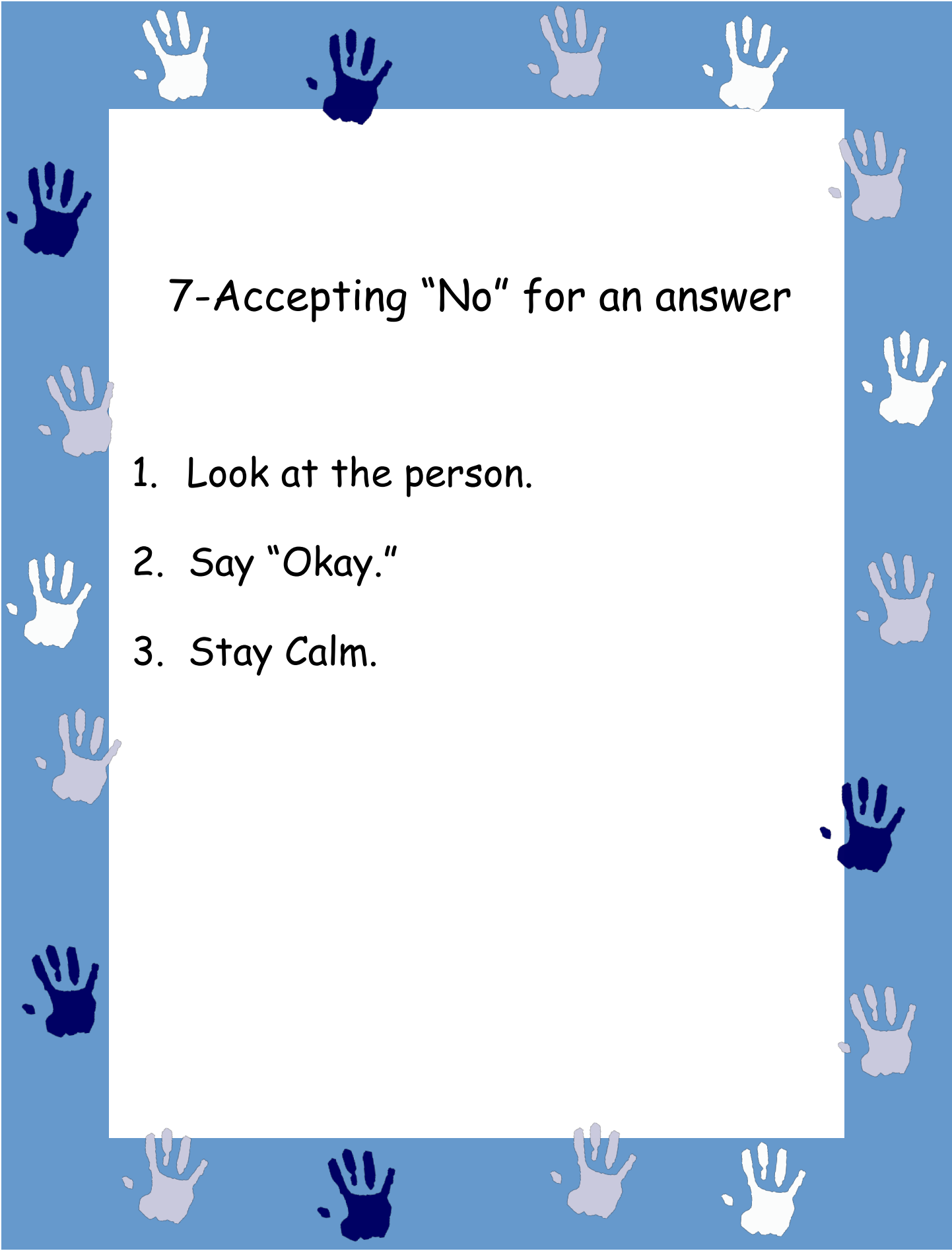
5-Resisting Peer Pressure

1. Look at the person.
2. Use a calm voice.
3. Say clearly you do not want to participate.
4. Suggest something else to do.
5. If necessary, continue to say "No."
6. Leave the situation.



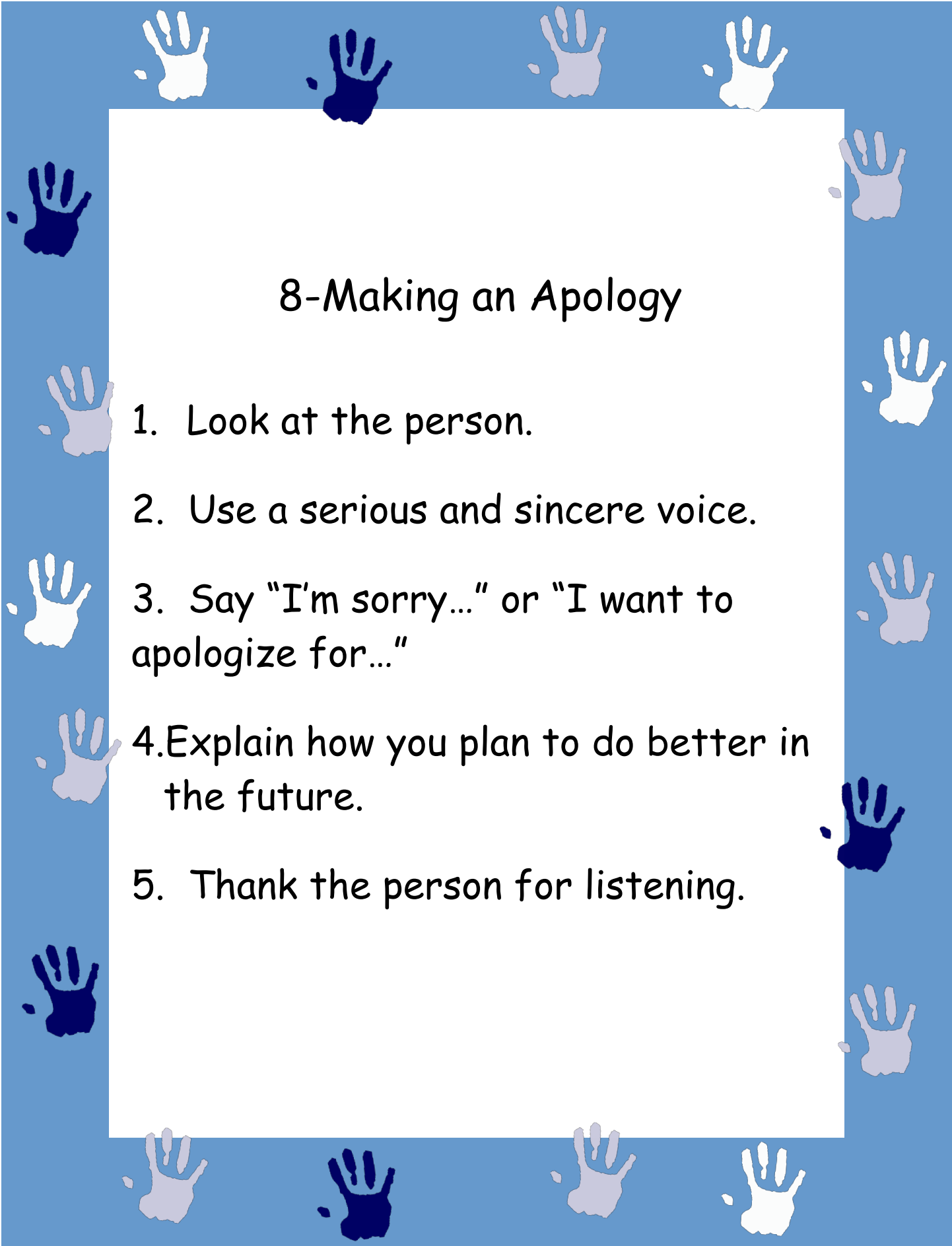
6-Asking Permission

1. Look at the person.
2. Use a calm and pleasant voice.
3. Say "may I..."
4. Accept the answer calmly.



7-Accepting "No" for an answer

1. Look at the person.
2. Say "Okay."
3. Stay Calm.



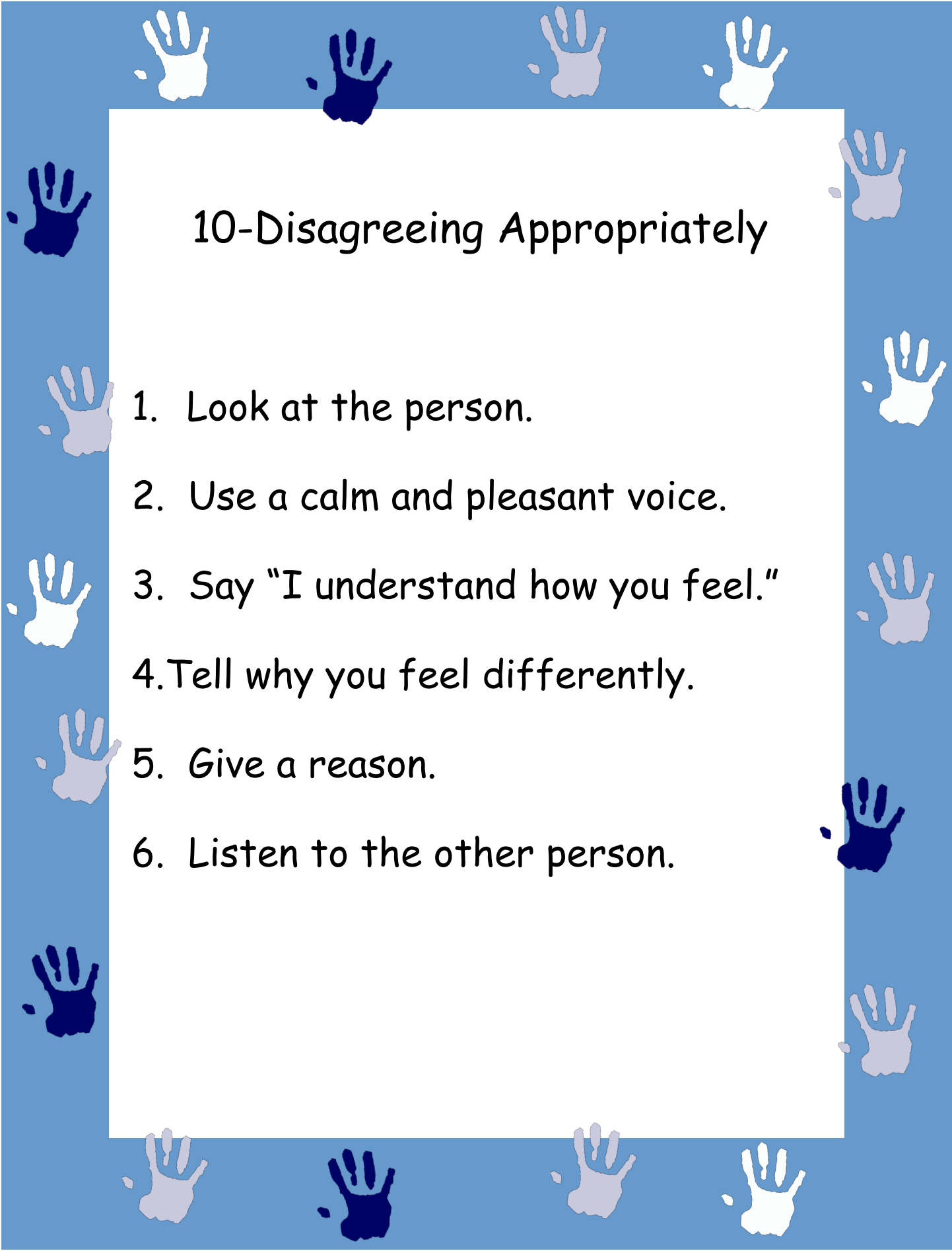
8-Making an Apology

1. Look at the person.
2. Use a serious and sincere voice.
3. Say "I'm sorry..." or "I want to apologize for..."
4. Explain how you plan to do better in the future.
5. Thank the person for listening.



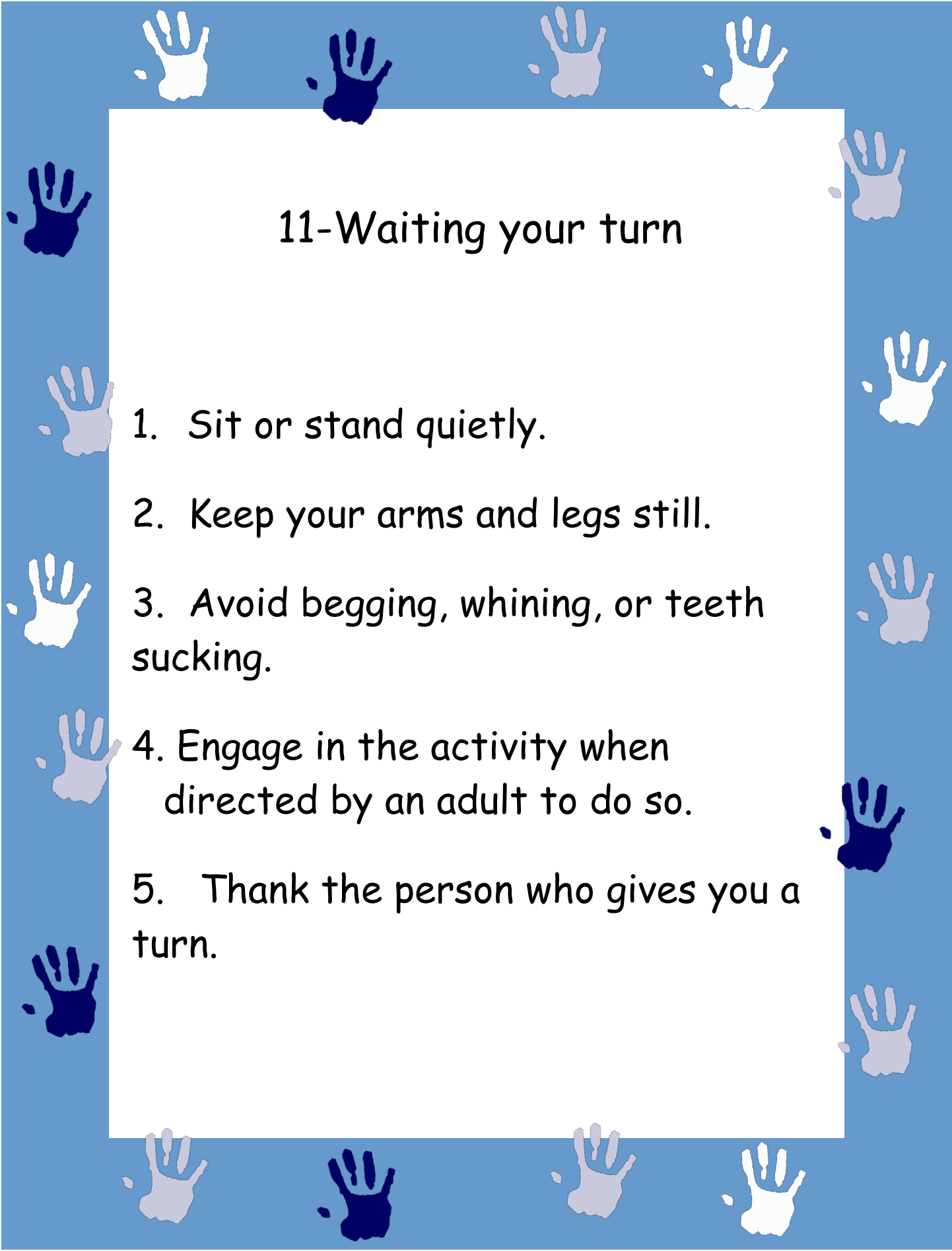
9-Working with others

1. Identify the task to be completed.
2. Assign task to each person.
3. Discuss ideas in a calm, quiet voice and let everyone share their ideas.
4. Stay on task, and work until the task is completed.

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10-Disagreeing Appropriately

1. Look at the person.
2. Use a calm and pleasant voice.
3. Say "I understand how you feel."
4. Tell why you feel differently.
5. Give a reason.
6. Listen to the other person.

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11-Waiting your turn

1. Sit or stand quietly.
2. Keep your arms and legs still.
3. Avoid begging, whining, or teeth sucking.
4. Engage in the activity when directed by an adult to do so.
5. Thank the person who gives you a turn.

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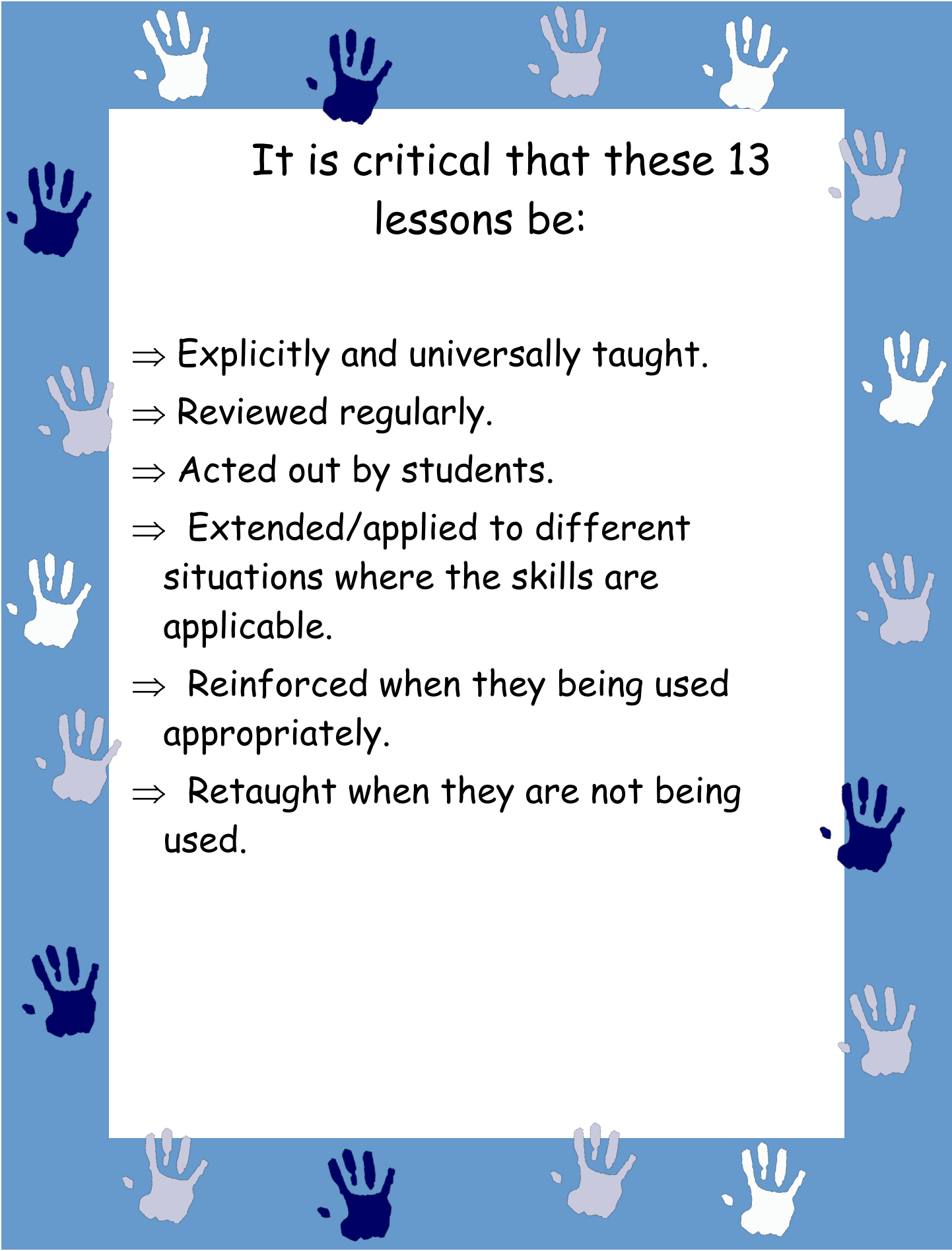
12-Using Appropriate Voice Tone

1. Identify the appropriate voice tone for the situation.
2. Change your voice to match.
3. Watch and listen for visual and verbal cues and adjust your voice.

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13-Giving a compliment

1. Look at the person you are complimenting
2. Speak with a clear, enthusiastic voice.
3. Praise the person's activity or project specifically. Tell him or her exactly what you like about it.
4. Use words such as "That's great," "Wonderful," or "That was awesome."
5. Give the person time to respond to your compliment.

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It is critical that these 13 lessons be:

- ⇒ Explicitly and universally taught.
- ⇒ Reviewed regularly.
- ⇒ Acted out by students.
- ⇒ Extended/applied to different situations where the skills are applicable.
- ⇒ Reinforced when they being used appropriately.
- ⇒ Retaught when they are not being used.