

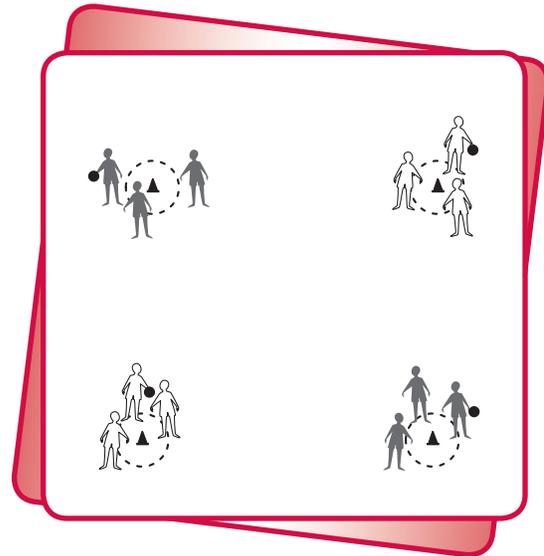
SPUD

Ready

- 1 cone per group of 3-4 students
- 1 playground ball per group of 3-4 students

Set

- Place cones 20 paces apart, scattered within a very large activity area (playground or grassy field).
- Create groups of 3 to 4; each group with 1 ball.
- Send groups to cones.



GO!

1. Today's recess activity is called *SPUD*. The object is to avoid being touched by a ball being rolled by 1 of the players. If you are touched, you receive the 1st letter in the word "SPUD." Avoid spelling out the whole word.
2. Players form a close circle around a cone with 1 player holding the ball.
3. The ball holder calls another player's name and throws the ball straight up in the air as high as they can.
4. Everyone runs away from the cone except the player whose name was called. That player stays and attempts to catch the ball off of 1 bounce (*it's okay if they catch it after 1 bounce*).
5. As soon as this player has the ball, they yell "SPUD!" and everyone must freeze.
6. The ball carrier may now take up to 4 giant steps towards any player they want, spelling "S-P-U-D" as they step. Then, they roll the ball toward the player they are closest to, trying to touch their feet with the ball. The player who is the target of the rolling ball may **not** move to avoid being touched.
7. If the target player is touched, they receive an "S". If the target player is not touched, the person rolling the ball scores an "S".
8. All players go back to the cone, and the player who received the letter calls a new name and throws the ball up for the next round.
9. Once a player scores the word "SPUD," the game is over. Begin again with everyone having no letters.
10. **Teaching Tip**
 - For less advanced players, create an ongoing game with just 2 rules: 1) If the player touches another with the ball, the player touched becomes the next Roller. 2) If the player misses, the player who caught the ball is the next Roller.