



CINCINNATI HEALTH DEPARTMENT  
SCHOOL HEALTH PROGRAM

**IS YOUR CHILD TOO SICK FOR SCHOOL?**

**Keep your child home from school if:**

- Your child was sick with vomiting or watery diarrhea within the last 24 hours.
- Your child had a fever of 100° F or higher at anytime within the last 24 hours.
- Your child is being treated for strep throat (your child must be on antibiotics for 24 hours before coming back to school.)
- Your child has a lasting cough or a cold with fever and body aches.
- Your child has crusted or matted eyelashes and/or green, yellow, or white sticky eye drainage along with eye redness. (Please note: Your child needs to see the doctor for medication- can return to school with treatment or MD note)

***Please call your doctor or school nurse if you have any questions or concerns, or if your child does not seem to be getting better.***

**When your child has a cold please remember:**

- Give the school a telephone number where you can be reached if your child gets worse.
- Please send a box of tissues with your child.
- Remind your child to cover nose and mouth when coughing or sneezing. Teach your child to cough or sneeze into their bent arm (inside of elbow).
- Teach your child to wash hands often.
- Use Tylenol or Ibuprofen for fever. **Do not use aspirin. It can cause Reyes Syndrome which can be fatal to your child.**

***A cold without fever should not be a reason to stay home from school.***

***Encourage good handwashing at school and at home.  
It's the best way to stop the spread of illness or disease!!***