Are you lonely or confused?
Do you have substance abuse and/or mental health concerns?
Need information about available mental health services?

Call the Warmline today!
The OC WarmLine
877-910-WARM
714-991-6412 (Local)

M - F 9 a.m. to 11:00 p.m.
Sat and Sun 10:00 a.m. until 11:00 p.m.

LiveChat available at www.namioc.org

Services are available in multiple languages including
TTY Support

All services are provided by trained mental health/substance abuse consumers, consumers’ family members, and paraprofessionals.

Services provided by National Alliance on Mental Illness (NAMI) Orange County
Funded by Orange County Health Care Agency, Mental Health Services Act