

EL SEGUNDO MIDDLE SCHOOL

Home of the Bull Dogs

Dr. Melissa Gooden, Principal

An International Baccalaureate School

February 2018

Dear Parent/Guardian:

The El Segundo Unified School District offers a course of study on Sexual Health for 7th grader students. This course topic addresses many of the health issues students face, or will face in their lifetime. This Sexual Health course is guided by several state laws including teaching that abstinence from sexual intercourse is the only 100% effective protection against unwanted teenage pregnancy, sexually transmitted diseases, and Acquired Immune Deficiency Syndrome (AIDS) when transmitted sexually. California state law requires that HIV/AIDS prevention education is taught in middle school and in high school. If comprehensive sexual health education is taught, the District shall follow state laws (California *Education Code* Section 51933). The District may not pick and choose topics to teach. HIV/AIDS prevention instruction includes:

- Information on HIV/AIDS and how it affects the body.
- How HIV is and is not spread.
- Discussion of ways to lower the risk of HIV, including:
- Sexual abstinence, and the latest medical information on ways to prevent sexually transmitted HIV infection.
- Discussion of the public health issues related to HIV/AIDS.
- Places for HIV testing and medical care.
- Making good decisions and staying away from risky activities.
- Discussion about society's views on HIV/AIDS, and people with HIV/AIDS.

We will be using Positive Prevention *PLUS* materials for this unit, which begins on **March 15th** in Physical Education classes. It is required that parents or guardians be notified prior to instruction. All written or audiovisual materials to be used in this instruction will be available for inspection by parent or guardian. You can examine instructional materials. If you have questions, please see the teacher or assistant principal.

State law allows you to remove your student from comprehensive sexual health education or HIV/AIDS prevention education. If you *do not want your student to participate* in the comprehensive sexual health or HIV/AIDS prevention instructional program, please give a note to your student's Physical Education teacher by **March 8th**. If you have concerns regarding your child's participation in this unit, please feel free to contact your child's teacher or my office at the telephone number below.

Sincerely,

Ali Rabiei

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