

# STUDENTS' BODY MEASUREMENTS

## HOW TO MEASURE

chest/bust: measure at the fullest part  
 waist: measure at the natural waistline, the narrowest part  
 hips: stand heels together; measure at the fullest part  
 height: without shoes; measure from top of head to floor  
 All measurements listed are in inches unless otherwise noted.

## SPECIAL SIZES

require these measurements:  
 jumpers: bust, waist, hip, skirt length, and waist length  
 skirts/skorts: waist, hip, and skirt length  
 pants: waist, hip, and inseam  
 walk shorts: waist, hip, and walk short length

## JUMPERS, SKIRTS & SKORTS, PANTS & WALK SHORTS

girls' size					juniors' sizes			
size	weight	height	chest	waist	size	weight	chest	waist
<b>G2 (3XS)</b>	28-32	36	20.5	21	<b>J1</b>	99.5	31.5	25
<b>G3 (3XS)</b>	32-38	39	21	21.5	<b>J3</b>	107.5	32.5	26
<b>G4 (2XS)</b>	38-43	42	22	22	<b>J5</b>	115	33.5	27
<b>G5 (XS)</b>	43-49	45	23	22.5	<b>J7</b>	123	34.5	28
<b>G6 (XS)</b>	49-55	48	24	23	<b>J9</b>	131	35.5	29
<b>G7 (S)</b>	55-62	50	25	23.5	<b>J11</b>	139	36.5	30
<b>G8 (S)</b>	65-76	53	26.5	24	<b>J13</b>	151	38	31.5
<b>G10 (M)</b>	80-94	57	28.5	25	<b>J15</b>	162	39.5	33
<b>G12 (L)</b>	97-114	61	30.5	26	<b>J17</b>	174	41	34.5
<b>G14 (XL)</b>	107-124	63	32.5	27	<b>J19</b>	186	42.5	36
<b>G16 (XL)</b>	112-128	63.5	34.5	28	<b>J21</b>	201	45.5	39
					<b>J23</b>	234	48.5	42.5
					<b>J25</b>	258	51.5	46

### girls' half (plus) sizes

size	weight	height	chest	waist
<b>H6.5</b>	55-64	48	27	27
<b>H8.5</b>	76-84	53	29.5	28
<b>H10.5</b>	94-102	57	31.5	29
<b>H12.5</b>	114-128	61	33.5	30
<b>H14.5</b>	124-138	63	35.5	31
<b>H16.5</b>	128-143	63.5	37.5	32

### girls' slim sizes

size	weight	height	chest	waist
<b>S4</b>	33-37.5	42	20	20
<b>S5</b>	38-42.5	45	21	20.5
<b>S6</b>	43-49	47.5	22	21
<b>S7</b>	48-54.5	50.5	23	21.5
<b>S8</b>	56-65	53	24.5	22
<b>S10</b>	70-80	57	26.5	23
<b>S12</b>	82-97	61	28.5	24
<b>S14</b>	82-107	63	30.5	25
<b>S16</b>	97-112	63.5	32.5	26

## TIGHTS

size (approx. age)	height	weight
<b>XS (2-4)</b>	33-38"	28-38
<b>S (4-6)</b>	39-45"	38-50
<b>M (6-8)</b>	45-51"	50-62
<b>L (8-10)</b>	51-56"	62-74
<b>XL (10-14)</b>	56-64"	74-110
<b>petite</b>	5'1"-5'5"	95-130
<b>average</b>	5'3"-5'7"	125-160
<b>tall</b>	5'7"-6'0"	155-180

## GIRLS', JUNIORS' & WOMEN'S BLOUSES

girls' size				juniors' sizes		
size	weight	height	chest	size	weight	chest
<b>G2 (3XS)</b>	28-32	36	20.5	<b>J1 (S)</b>	99	31.5
<b>G3 (3XS)</b>	32-38	39	21	<b>J3 (S)</b>	107	32.5
<b>G4 (2XS)</b>	38-43	42	22	<b>J5 (M)</b>	115	33.5
<b>G5 (XS)</b>	43-49	45	23	<b>J7 (M)</b>	123	34.5
<b>G6 (XS)</b>	49-55	48	24	<b>J9 (L)</b>	131	35.5
<b>G6X (XS)</b>	53-57	49	25	<b>J11 (L)</b>	139	36.5
<b>G7 (S)</b>	55-62	50	25	<b>J13 (XL)</b>	151	38
<b>G8 (S)</b>	65-76	53	26.5	<b>J15 (XL)</b>	162	39.5
<b>G10 (M)</b>	80-94	57	28.5	<b>J17 (2XL)</b>	174	41
<b>G12 (L)</b>	97-114	61	30.5	<b>J19 (2XL)</b>	186	42.5
<b>G14 (XL)</b>	107-124	63	32.5			
<b>G16 (XL)</b>	112-128	63.5	34.5			

### women's size

size	chest
<b>S</b>	30-32
<b>M</b>	34-36
<b>L</b>	38-40
<b>XL</b>	42-45
<b>2XL</b>	46-48
<b>3XL</b>	50-52

## GIRLS' & JUNIORS' POLO SHIRT

girls' size				juniors' sizes		
size	weight	height	chest	size	weight	chest
<b>4 (2XS)</b>	38-44	42	22	<b>XS</b>	99	31.5
<b>6 (XS)</b>	49-55	48	24	<b>S</b>	107	32.5
<b>8 (S)</b>	64-74	53	26	<b>M</b>	115-123	33-34
<b>10 (M)</b>	78-89	56-57	28	<b>L</b>	131-139	35-36
<b>12 (L)</b>	95-106	59-61	30	<b>XL</b>	151-162	38-39
<b>14 (XL)</b>	105-116	62-63	32	<b>2XL</b>	174-186	41-42
<b>16 (XL)</b>	115-126	63-65	34			

## TOPS: T-SHIRTS, JACKETS, KNIT TOPS, SWEATERS & SWEATSHIRTS

youth				adult	
size	weight	height	chest	size	chest
<b>3 (3XS)</b>	32-38	39	21	<b>XS</b>	33
<b>4 (2XS)</b>	38-44	42	22	<b>S</b>	36
<b>6 (XS)</b>	49-55	48	24	<b>M</b>	39
<b>8 (S)</b>	64-74	53	26	<b>L</b>	42
<b>10 (M)</b>	78-89	56-57	28	<b>XL</b>	46
<b>12 (L)</b>	95-106	59-61	30	<b>2XL</b>	50
<b>14 (XL)</b>	105-116	62-63	32	<b>3XL</b>	54
<b>16 (XL)</b>	115-126	63-65	34		
<b>18 (2XL)</b>	125-136	67	36		
<b>20 (2XL)</b>	146-153	68	38		

## GYM SHORTS & SWEATPANTS

youth				adult	
size	weight	height	waist	size	waist
<b>3 (3XS)</b>	32-38	39	21.5	<b>S</b>	29-31
<b>4 (2XS)</b>	38-44	42	22	<b>M</b>	32-34
<b>5-6 (XS)</b>	43-55	48	22-23	<b>L</b>	36-38
<b>7-8 (S)</b>	55-74	53	23-24	<b>XL</b>	40-42
<b>10 (M)</b>	78-89	56-57	25	<b>2XL</b>	44-46
<b>12 (L)</b>	95-106	59-61	26	<b>3XL</b>	48-50
<b>14-16 (XL)</b>	105-116	62-63	27-28		

## PULL-ON PANTS & SHORTS

youth				adult	
size	weight	height	waist	size	waist
<b>TD2 (3XS)</b>	28-32.5	36.5	19-20	<b>2XS</b>	25-26
<b>TD3 (3XS)</b>	32-38	39	20-21	<b>XS</b>	27-28
<b>TD4 (2XS)</b>	38-43	42	21-22	<b>S</b>	29-31
<b>XS (5-6)</b>	43-55	45-48	22-23	<b>M</b>	32-34
<b>S (7-8)</b>	55-76	50-53	23-24	<b>L</b>	36-38
<b>M (10)</b>	78-94	56-57	24-25	<b>XL</b>	40-42
<b>L (12)</b>	95-114	59-61	26-27	<b>2XL</b>	44-46
<b>XL (14-16)</b>	105-128	62-63.5	27-28	<b>3XL</b>	48-50

## SOCKS

sock size	shoe size	approx. age
<b>XS (6-7.5)</b>	youth 7.5-11.5	3-5 years
<b>S (7-8.5)</b>	youth 9-adult 2.5	4-7 years
<b>M (8-9.5)</b>	youth 12-adult 5.5	6-9 years
<b>L (9-11)</b>	adult 4-10	10 & up
<b>XL (10-13)</b>	adult 6-12	adult

## BOYS' PANTS & WALK SHORTS\*

boys' size	weight	height	waist
<b>3 reg</b>	32.5-38	39	21.5
<b>4 slim</b>	33-37.5	42	20
<b>4 reg</b>	38-43.5	42	22
<b>5 slim</b>	38-42.5	45	20.5
<b>5 reg</b>	43-49.5	45	22.5
<b>6 slim</b>	43-48	48	21
<b>6 reg</b>	49.5-55	48	23
<b>7 slim</b>	48-54.5	50.5	21.5
<b>7 reg</b>	55-62.5	50.5	23.5
<b>8 slim</b>	55-63	53	22
<b>8 reg</b>	64-74	53	24
<b>8 husky</b>	75-83	53	26
<b>10 slim</b>	70-78	56	23
<b>10 reg</b>	78-89	56	25
<b>10 husky</b>	89-98	56	27
<b>12 slim</b>	86-95	59	24
<b>12 reg</b>	95-106	59	26
<b>12 husky</b>	106-114	59	28
<b>14 slim</b>	96-105	62	25
<b>14 reg</b>	105-116	62	27
<b>14 husky</b>	116-124	62	29
<b>16 slim</b>	106-115	65	26
<b>16 reg</b>	115-126	65	28
<b>16 husky</b>	126-134	65	30
<b>18 husky</b>	136-144	67.5	31
<b>20 husky</b>	146-154	70	32
<b>24 husky</b>	156-164	71	34
<b>28 husky</b>	166-174	71	36
<b>32 husky</b>	176-184	71	38

\*Irvington and Hawthorne style pants and walk shorts have adjustable waistband in Boys' sizes.

## MEN'S PANTS & WALK SHORTS

waist size	hip	waist size	hip
<b>27</b>	30	<b>36</b>	39
<b>28</b>	31	<b>38</b>	41
<b>29</b>	32	<b>40</b>	43
<b>30</b>	33	<b>42</b>	45
<b>31</b>	34	<b>44</b>	47
<b>32</b>	35	<b>46</b>	49
<b>33**</b>	36	<b>48</b>	51
<b>34</b>	37		
<b>36</b>	39		
<b>38</b>	41		

\*\*Men's waist size 33-42 have a 36" unhemmed inseam. All other men's sizes hemmed at 32".