

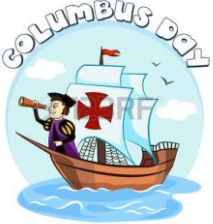



# Bronx Academy of Promise

## Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

October 11 - 14, 2016	Monday 10/11	Tuesday 10/12	Wednesday 10/13	Thursday 10/14	Friday 10/14
<p><b>Hot Meals</b></p> <p><b>Sandwich Meals</b></p> <p><b>Salad Bar</b></p>	<p><b>School Closed</b></p> 	<p>Chicken Fajitas on a Soft Tortilla Sauteed Spinach Brown Rice</p> <p><u><b>Deli Wraps!</b></u> <u><b>Chicken Salad Wrap</b></u> Cubed Chicken, Celery &amp; Mayo on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter &amp; Jelly Sandwich</p> <p><b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p><b>School Closed</b></p> 	<p>Chicken Tenders w/Dipping Sauce TaterTots Green Beans Whole Wheat Dinner Roll</p> <p><u><b>Deli Wraps!</b></u> <u><b>Turkey BLT Wrap</b></u> Turkey &amp; Turkey Bacon, Lettuce &amp; Tomato on a Whole Grain Wrap or Sunbutter &amp; Jelly Sandwich</p> <p><b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p><u><b>Homemade Pizza</b></u></p> <p>French Bread Pepperoni Pizza or French Bread Cheese Pizza</p> <p>Green Peas or Tossed Romaine Salad or Sunbutter &amp; Jelly Sandwich</p> <p><b>Dark Salad Greens</b> w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

*Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day*