

Information from the Health Office

ANY MEDICATION REQUIRED TO BE ADMINISTERED IN SCHOOL

If your student must take a prescription or over-the-counter (i.e. Advil, eye drops, and cough drops) medication in school, you may do any of the following:

- You or an adult designated by you in writing, may come to school and give the medication to your child. The Health Clerk may not be designated for this responsibility.
- You may get a copy of the Authorization for Medication form from your child's school and take it to your child's health care provider. This form must be filled out and signed by the health care provider and the parent/legal guardian. Once completed, return this form to your child's school. The Health Clerk will assist your child taking the medicine.
- You may choose to discuss with your health care provider a schedule for giving medication outside of school hours.

Medication forms are available in the school's health office or can be downloaded from the District website at <http://www.pleasanton.k12.ca.us/EducationalServices/PupilServices/HealthServices.cfm> Medication must be delivered by an adult to the health office in its original container.

EMERGENCY PHONE NUMBERS

Please make sure work/home/cellular phone numbers are listed on the emergency card. It is imperative that we have up-to-date information about how to locate you (or your designee) in the case of an emergency. If there are any changes to the emergency numbers during the school year, please come into the office to make those changes.

EMERGENCY CARD INFORMATION

Any medical condition about your student should be noted on the emergency card (i.e., asthma, allergies, heart conditions, etc.). By being aware of his/her conditions, we can better help your student in a medical emergency.

SELF-MEDICATION CONSENT FORM

Per California Education Code 49423.1, students with asthma are permitted to carry their inhaler. This form must be filled out by you and your health care provider. If your child has severe allergies that necessitate him/her to carry an EpiPen, the same form needs to be filled out as well. The forms are available in the school's health office or can be downloaded from the District website.

SPECIAL MEDICAL PROCEDURES

If your child has any medical conditions such as diabetic, seizures or severe food allergies, please contact the school health office to fill out the required forms in order for us to meet his/her medical needs in school. It will be helpful to provide a small picture of the student to be attached to the forms.

NEW STUDENTS ENTERING CALIFORNIA SCHOOLS FROM ANOTHER STATE, COUNTRY OR PRIVATE SCHOOL

These students need to show proof of immunizations. The proof must be reviewed by the Health Services Liaison or a District Nurse at the time of the enrollment. If you are entering from out of the country, a TB test must be done within 6 months of the first day of school. Immunizations must be up-to-date and signed or stamped by the doctor's office. Please check the current California immunization requirements at: <http://www.pleasanton.k12.ca.us/EducationalServices/PupilServices/HealthServices>

If you have any questions, please contact a District Nurse or the Health Services Liaison at 426-4290.