


LA International Charter High School

May-June 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grilled Cheese ¹ On Sourdough Mixed Green Salad Oranges Baked Chips	Chicken Fajitas ² w/ Tortillas & Taco sides Corn Applesauce	Sub Sandwich ³ Carrot & Celery Sticks w/ Ranch Bananas Baked Chips	Corn Dog (2) ⁴ Cucumber Salad Tomatoes Pears	Bosco's Cheese ⁵ Sticks w/ Marinara Mixed Green Salad Cranberries
Breaded Chicken ⁸ Drumsticks Tater Tots Carrot Sticks Sliced Apples Warm WG Biscuit	Beef Taco Burrito ⁹ Mixed Green Salad Tangerines Cracker Variety	Rotini w/ Meat Sauce ¹⁰ Mini Cheese Stick w/ Marinara Corn Banana	Rib B Que ¹¹ on a Wheat Hoagie Seasoned Wedges Cherry Tomatoes Pears	Turkey Pep Calzone ¹² Mixed Green Salad Raisels Cracker Variety
Breaded Chicken Chunks ¹⁵ w/ Buffalo Sauce Seasoned Crinkle Fries Celery Sticks Sliced Apples Artisan Roll	Chicken Cheeseburger ¹⁶ w/ Onion Rings Seasoned Wedges Carrot Sticks Oranges	SW Cheesy ¹⁷ Chicken Rotini Mixed Green Salad Banana	<u>Breakfast for Lunch!</u> ¹⁸ Waffles Turkey Sausage Links Hash Brown Carrot Sticks Applesauce	PB&J Uncrustable ¹⁹ Mixed Green Salad Peach Cup/ Fruit Variety
Hot Dog ²² On Wheat Bun Curly Fries Tangy Red Slaw Apple	Chicken Fajitas ²³ w/ Tortillas & Taco Sides Corn Strawberries	Home-style ²⁴ Mac and Cheese Mixed Green Salad Banana Scooby Fruit Snacks Spicy Goldfish Crackers	Hamburger/Cheeseburger ²⁵ Seasoned Crinkle Fries Celery Sticks Oranges/Tangerines	French Bread Pizza ²⁶ Mixed Green Salad Fruit Variety Chortels
 memorial DAY No School ²⁹	Beef Taco Burrito ³⁰ Mixed Green Salad Sliced Apples Baked Chips	Beef & Cheese Hoagie ³¹ Carrot & Celery Sticks w/ Ranch Bananas	Breaded Chicken Chunks ¹ w/ Buffalo Sauce Seasoned Crinkle Fries Celery Sticks Grapes Artisan Roll	Meatball Hoagie ² Mixed Green Salad Fruit Variety
BBQ Chicken ⁵ Drumsticks Mashed Potatoes Corn Apple WG Roll-2 oz	Turkey Pep Calzone ⁶ Mixed Green Salad Fruit Variety Cookie	PB&J Uncrustable ⁷ Mixed Green Salad Fruit Variety	One item must be a fruit or vegetable-1/2 cup serving.	Students must take 3 of the 5 Components offered to make it a Complete Meal: Protein, Grain, Fruit,

In the operation of child feeding programs, no child will be discriminated against because of race, sex color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250

The National School Lunch Program is provided by South Pasadena USD Food and Nutrition Department.

* Denotes - Contains Pork

Milk Variety and 4 oz Juice served with every meal

Meal Prices:

Grades 9-12: \$3.75

Reduced Price: 40 cents