

## **Program Initiatives**

**Individual Counseling: Referrals for any counseling service can be made by a teacher or other school staff, parents, or the student. Individual and small group counseling are short-term, voluntary, and confidential. Parental permission is obtained prior to any group counseling experience and prior to any extended individual counseling.**

**Small Group Counseling: Small group will be offered throughout the year based upon the needs of individual students. Groups may focus on, but are not limited to, such issues as family changes, grief, self-esteem, anger management, study skills, and friendships. Your suggestions of group topics which may be helpful to your child are always appreciated.**

**Classroom Guidance: Throughout the year, students will participate in classroom guidance lessons, which will occur every 2 weeks, for approximately 3 minutes. Guidance lessons are based on monthly character traits.**

**Consultation with Parents/Staff: The school counselor provides information and assistance in order to support parents and teachers with the academic, social, and career development of students.**

**Coordination and Referral Services: The school counselor works closely with the social worker and community**

**agencies to provide support service information and referral services for students and their families.**