



Teen & Family Counseling Center

PARENT EDUCATION EVENING

TFCC would like to offer your school a FREE one-night lecture for parents during the 2008/2009 school year.

Subject Lectures

- How to get your teen to listen
- Teens, Drugs and Alcohol – What parents need to know
- Mother/daughter relationships
- Father/son relationships
- Bullying/Cyber-bullying
- Parenting after Divorce
- Setting Boundaries and Limits with your Child
- Test Anxiety
- When teens hurt themselves...cutting & self mutilation
- Parenting your Gifted Child
- Dealing with your Teen's Attitude
- Grief/Loss and Depression
- Emotionally preparing your teen for college

Interested?

Contact Susan Heimsoth

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