

Spring INTO FITNESS 5K Fun Run

Saturday, March 17, 2018 • www.SpringIntoFitnessTMMC.org



LUMINARIES & NOVAS OF



Join Us!

We are the Luminaries and NOVAS of Torrance Memorial Medical Center, hosting a fun, non-competitive (not timed) 5K walk/run at the beautiful South Coast Botanical Gardens in Rolling Hills Estates. **All the net proceeds raised from this event will support the renovations of the Torrance Memorial Pediatric Unit and the Neonatal Intensive Care Unit.**

When!

Spring Into Fitness 5K Fun Run
Saturday, March 17, 2018
7:30 AM: Registration Begins
8:30 AM: Walk/run begins
9:30 AM: Raffle drawing
11:00 AM: Walk/run ends

Pre-Registration!

Pick up your swag bag and t-shirt.
Friday, March 16th
9:00 AM to 11:30 AM in front of the Health Conference Center

Where!

South Coast Botanical Gardens
26300 Crenshaw Blvd,
Palos Verdes Peninsula, CA 90274

Sign Up!

To sign up by mail go to
www.SpringIntoFitnessTMMC.org

To sign up online go to either
www.SpringIntoFitnessTMMC.org
or www.Active.com