

# Lincoln Park High School

## Athletic Guidelines

Being a student/athlete brings great responsibility. Not only must we learn the fundamentals of the sports we play, but we must learn lessons that will help us throughout life. The following guidelines are designed to help you be successful on and off the playing field.

### Responsibility

- Complete all necessary tasks before the season begins. (physical on file, orange emergency card, attend required meetings.)
- Attend all practices/competitions unless previously discussed with your coach.
- Return all school issued equipment and uniforms on time.

### Academics

- Educational Athletics-Our number one goal is a high school diploma/create good people.
- Academics come before athletics.
- Great athletes must first become great students.
- 98% of all scholarship money in the United States is given for academics.
- The average GPA of a college athlete is 3.0-3.4/ACT score 21.1

### Integrity

- Honest with parents, teachers, coaches, teammates, and yourself.
- Show a high morality.
- Do the right thing.

### Leadership

- Lead by example.
- Do what is expected of you.
- Be positive even when things don't go our way.

### Sportsmanship

- Athletes are representatives of our district; we must act appropriately.
- Respect coaches, teammates, officials, opponents, and fans at all times.
- Give one hundred percent and win or lose, you'll walk away with pride.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_