

2019 Clifton Powerlifting Schedule

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| January 12 | Bosqueville |
| January 19 | Moody |
| January 26 | Hamilton |
| February 16 | West |
| March 2 | Girls Regional Meet @ Academy |
| March 9 | Boys Regional Meet @ West |
| March 15 | Girls State Meet @ Waco |
| March 23 | Boys State Meet @ Abilene |