

March

2018

Elementary School District 159

Elementary Lunch Menu

arbor Management Inc.



Monday	Tuesday	Wednesday	Thursday	Friday
			1 NO SCHOOL PARENT/TEACHER CONFERENCES	2 NO SCHOOL PARENT/TEACHER CONFERENCES
5 NO SCHOOL CASIMIR PULASKI DAY	6 Western BBQ Burger 31G Or Salisbury Steak Sandwich 33G Mashed Potatoes Sweet Corn Assorted Fresh Fruit	7 LUCKY TRAY DAY Crispy Chicken Sandwich 40G Or Cheese Garlic Flatbread 35G Seasoned Green Beans Broccoli Buds w/Ranch Assorted Fresh Fruit	8 Cheese Pizza 37G Or Chicken Nuggets 14G w/Roll 12G Green Beans Green Salad w/Tomatoes 100% Fruit Juice	9 Cheeseburger 29G Or Nacho Supreme 34G Shredded Romaine Zesty Salsa 100% Fruit Juice
12 Mini Corn Dogs 31G Or Meatball Sub 40G Romaine Salad Garbanzo Beans Assorted Fresh Fruit	13 Nacho Supreme 34G Or Bean & Cheese Burrito 49G Refried Beans Zesty Salsa Assorted Fresh Fruit	14 Chicken Nuggets 14G Roll 12G Or Chicken Parmesan Sandwich 41G Broccoli Buds Tiny Tomatoes Applesauce	15 Western BBQ Burger 31G Or Salisbury Steak Sandwich 33G Diced Beets Sweet Corn Assorted Fresh Fruit	16 Crispy Chicken on a Waffle 27G Or Cheese Pizza 37G Baby Carrots w/Ranch Cauliflower Buds Variety Fresh Fruit
19 Cheeseburger 29G Or BBQ Ribette 42G Broccoli Buds Tiny Tomatoes 100% Fruit Juice	20 Waffles 25G Or Pancakes 30G Turkey Sausage 0G Baby Carrots w/Ranch Tri-Tater (1) Assorted Fresh Fruit	21 Cheese Pizza 37G Or Pepperoni Pizza 34G Romaine Salad Diced Beets Assorted Fresh Fruit	22 Hamburger 28G Or Cheeseburger 29G Assorted Fresh Veggies Assorted Fresh Fruit	23 Nacho Supreme 34G Or Bean & Cheese Burrito 49G Refried Beans Zesty Salsa Assorted Fresh Fruit
26 Crispy Chicken Sandwich 40G Or Hamburger 28G Steamed Broccoli Black Beans Applesauce	27 Nacho Supreme 34G Or Bean & Cheese Burrito 49G Refried Beans Zesty Salsa Assorted Fresh Fruit	28 Mini Corn Dogs 31G Or Meatball Sub 40G Romaine Salad Garbanzo Beans Assorted Fresh Fruit	29 Cheese Pizza 37G Or Chicken Nuggets 14G w/Roll 12G Green Beans Green Salad w/Tomatoes 100% Fruit Juice	30 NO SCHOOL SPRING RECESS BEGINS

Neither Elementary School District 159, nor Arbor Management, Inc., shall be liable to any person for any physical injury or other adverse consequences which may arise as an alleged result of any inaccuracy in the estimate of carbohydrates. Manufacturer labels are the source of the information on menus. Thank you.

Farm *Fresh* Produce
featuring... **Beets**
Beets have a sweet flavor. They taste like a mixture of carrots and tomatoes!

Lunch \$2.60
(Milk included with meal)
Milk 50¢
Offered Daily:
Fat Free Flavored
1% White

Lucky Tray Day
March 7th

Questions
Call Mary Kyler
Food Service Manager
708-283-9733
Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork