

2018 SUMMER VOLLEYBALL CAMPS

@ BCS ~ (JR. DIGGER & ACADEMY)

BEEKMANTOWN MIDDLE & HIGH SCHOOL GYMNASIUMS



JR. DIGGER CLINIC - MODIFIED + JV LEVELS - GRADES 6-9TH

* JV level athletes (8th & 9th graders) are encouraged to attend this clinic for extra reps prior to the Volleyball Academy. JV level athletes will be grouped together (**JV PREP GROUP**) to better prepare for JV tryouts.

Dates:

- June 26th-29th (Tuesday-Friday)

***LIMITED to 50 athletes!**

Time/Location:

- 8:30-10:00 in High School Gymnasium **Please do not arrive prior to 8:15.

Cost:

- **\$45.00** Make checks payable to: VOLLEYBALL ACADEMY & CAMPS
- \$25.00 non-refundable deposit - full payment must be paid by the first day of camp.
- Includes camp t-shirt (**tee size guaranteed if registration received by May 25th**)
- Effort, spirit & improvement prizes given out daily!
- *Spirit theme days: Tuesday- NEON colors, Wednesday- Twin day, Thursday – your school spirit day, Friday- camp choice.*

*8th & 9th graders may also attend the JV VOLLEYBALL ACADEMY. A short break to hydrate/eat prior to Academy will always be allowed.



VOLLEYBALL ACADEMY (JV + VARSITY LEVELS)

Dates/Times:

- **Week #1:** (June 26th-29th) - Tuesday-Friday @ **TIME: 10-12:00** ~ Rides please at 12:00!
 - Week #1 - follows the Jr. Digger Camp with a **10:00 START TIME**
- **Week #2:** (July 2,3, {no 4th} 5,6) - Monday, Tuesday, Thursday, Friday (**NO CAMP WEDNESDAY JULY 4TH!**)
 - Week #2 - **START TIME @ 9:30-11:30 * NOTE EARLIER START TIME!** ~ Rides please at 11:30!
- Campers can choose sessions and/or specific days-athlete DO NOT need to attend all days!

Costs:

- **Two-Week Cost: \$145** (includes tee, awards & knee pads if registered by May 25th!)
- **One-Week Cost: \$75** (includes tee, awards, & knee pads if registered by May 25th!) **Daily Rates: \$20**
- *Family & sister rates and Section 10 athletes contact, Shana Hileman for discounted rates!*
 - Contact - Shana Hileman hileman.shana@bcsdk12.org 572-0667 (text or call)
- **\$50 non-refundable deposit** – full payment must be paid by the first day of camp.
- Make checks payable to: VOLLEYBALL ACADEMY & CAMPS

★ **NO REGISTRATION DEADLINE FOR EITHER CAMP/SESSION.**

★ **ATHLETES WILL RECEIVE THE CORRECT T-SHIRT SIZE & KNEE PADS IF REGISTRATION FORM & PAYMENT (DEPOSIT OR FULL AMOUNT) RECEIVED BY MAY 25TH!**



JR DIGGER CLINIC-MODIFIED + JV LEVELS - GRADES 6-9TH

- 8:30-10am (Tuesday-Friday) Please have rides at school on time.
- For female athletes entering grades 6th-9th (modified & JV levels)
- Athletes will learn the fundamental volleyball skills, team drills and rotational positions to better prepare for Modified & JV tryouts. We will have different levels of training offered:
 1. **New players-no experience is needed**
 2. **Modified Level players**
 3. ***JV PREP Level-for athletes wishing to play @ the JV level. We are encouraging all athletes who plan to try out for JV attend the Jr. Digger for extra reps prior to the JV Academy.**
- Our coaching staff will consist of the BCS coaching staff, CVAC coaches and current BCS varsity volleyball players to assist and demonstrate in drills.



VOLLEYBALL ACADEMY (JV + VARSITY LEVELS)

**Athletes do NOT have to attend both sessions; daily & weekly rates are available.*

WEEK #1: 10:00-12:00 (FOLLOWS JR. DIGGER)

WEEK #2: 9:30-11:30 (NO JR. DIGGER THIS WEEK)

JV LEVEL- designed for athletes preparing for the JV level. These sessions will emphasize the development of passing, digging, setting, serving consistency, competitive drills and team competitions. Every aspect of the game is covered throughout our sessions, giving the athlete a solid skill foundation. We encourage any middle school aged athlete to attend the Junior Digger Camp prior to signing up for the JV level (8th-10th graders)

VARSITY LEVEL- designed for athletes preparing for the varsity level. These high performance sessions will emphasize advanced positional skills and techniques for the athlete. Advanced level skills such as: jump serving, setter training, blocking, libero development, quick tempo offense and read defense will be taught (10th-12th graders-incoming college freshman are allowed to attend). *If you are unsure which level to choose please contact any of the coaches below for more information.

- ★ **NO REGISTRATION DEADLINE FOR EITHER CAMP. ATHLETES MAY STILL BE ALLOWED TO SIGN UP THE FIRST DAY, BUT ARE NOT GUARANTEED THEIR PREFERRED T-SHIRT SIZE (BUT WILL RECEIVE A T-SHIRT) AND MIZUNO KNEE PADS.**
- ★ **TO ENSURE THAT YOUR ATHLETE RECEIVES THE CORRECT T-SHIRT SIZE & KNEE PADS PLEASE MAIL IN REGISTRATION FORM & PAYMENT BY MAY 25TH!**

*****NEED MORE INFORMATION*****

Contact:

- | | | |
|-------------------|--|----------|
| • Shana Hileman | hileman.shana@bcsdk12.org | 572-0667 |
| • Kaylen Reif | reif.kaylen@bcsdk12.org | 572-4472 |
| • Vickie McMillan | vmcmillan@plattscsd.org | 593-1397 |
| • Shae LaPorte | slaporte@plattscsd.org | 651-4278 |



REGISTRATION FORM



ATHLETES NAME: _____

DATE OF BIRTH: _____

CAMP ATTENDING: (CHECK ALL SESSIONS THAT APPLY)

*8:30-10

*10:00-12:00

*9:30-11:30 NOTE EARLIER START!

____ JR. DIGGER
(6/26-6/29: TUES-FRIDAY)

____ ACADEMY WEEK #1
(6/26-29: TUES-FRIDAY)

____ ACADEMY WEEK #2
(7/2, 7/3, 7/5, 7/6: M, Tu, Th & F) **NO 7/4!**

✓ 6/26, 6/27, 6/28, 6/29
 MOD LEVEL JV PREP LEVEL

✓ 6/26, 6/27, 6/28, 6/29
 JV LEVEL VAR LEVEL

✓ 7/2, 7/3, 7/5, 7/6
 JV LEVEL VAR LEVEL

****check specific dates & level you are attending for daily rates****

Grade this fall: _____ School: _____ Athlete's Cell: _____ (optional) to send text reminders

Home Street Address: _____ City/Town: _____

Zip: _____ Level played in previous season: None Modified JV Varsity

Parent/Guardian Name: _____ (H#) _____ (Cell) _____

Parent/Guardian Name: _____ (H#) _____ (Cell) _____

Parent/Guardian Workplace & Work Phone Number: _____ (#) _____

Parent/Guardian Workplace & Work Phone Number: _____ (#) _____

Parent Email: _____ (Please print clearly)

Family Physician/Phone Number: _____ (#) _____

Current Medications: _____

Allergies: _____

**Recent injuries that has kept the athlete out of sports and the coaching staff should know (so we are prepared).
***ANY other medical conditions please provide detailed information below-**

SIZING FOR T-SHIRT (ADULT SIZES): (PLEASE CIRCLE)

SMALL

MEDIUM

LARGE

X-LARGE

★ **NO REGISTRATION DEADLINE FOR EITHER CAMP. ATHLETES MAY STILL BE ALLOWED TO SIGN UP THE FIRST DAY, BUT ARE NOT GUARANTEED MIZUNO KNEE PADS AND PREFERRED T-SHIRT SIZE. (OUR CAMP ORDERS KNEE PADS & TSHIRTS JUNE 4TH)**

★ **TO ENSURE THAT YOUR ATHLETE RECEIVES THE CORRECT T-SHIRT SIZE & KNEE PADS PLEASE MAIL IN REGISTRATION FORM & PAYMENT BY MAY25TH!**

ATHLETE WAIVER

****MUST BE SIGNED TO PARTICIPATE****

I realize that participation in athletics, contact or non-contact, involves a certain amount of risk to injury. Additionally, I acknowledge that my child is covered by a medical insurance policy and should any injury occur while he or she is at the Jr. Digger and/or Volleyball Academy, I will be responsible for all medical expenses. Knowing this, I give my child permission to participate in the summer Jr. Digger and/or the Volleyball Academy that will be held at Beekmantown Central School.

In the event that I cannot be contacted, I give my permission for a hospital, or medical professional to administer treatment to my child, in the case of an emergency, while under the supervision of my emergency contact(s) or designated Jr. Digger/Volleyball Academy personnel.

Athletes name: _____

Parent/Guardian (please print): _____

Parent/Guardian Signature: _____

Date: _____

Emergency Contact #1 : _____ Relationship: _____

Emergency Contact Phone Numbers (H) _____ (Cell) _____

Emergency Contact #2 : _____ Relationship: _____

Emergency Contact Phone Numbers (H) _____ (Cell) _____

*** Please make sure there are numbers we can reach someone in case of an emergency. Thank you!

- Make checks payable to: **VOLLEYBALL ACADEMY & CAMPS**
- The deposit or full payment in cash or check must accompany application. The remaining balance may be paid at the first day of camp.
- Return completed application, along with payment to: Shana Hileman, or put in her mailbox in the Beekmantown Middle School Faculty Room.
- Applications may be mailed to:

***Beekmantown Middle School
c/o Shana Hileman - Volleyball Coach
37 Eagle Way
West Chazy, NY 12992***

Jr. Digger & Academy Summer Calendar Dates

- ★ **NO REGISTRATION DEADLINE FOR EITHER CAMP. ATHLETES MAY STILL BE ALLOWED TO SIGN UP THE FIRST DAY, BUT ARE NOT GUARANTEED THEIR PREFERRED T-SHIRT SIZE (BUT WILL RECEIVE A T-SHIRT) AND MIZUNO KNEE PADS.**
- ★ **TO ENSURE THAT YOUR ATHLETE RECEIVES THE CORRECT T-SHIRT SIZE & KNEE PADS PLEASE MAIL IN REGISTRATION FORM & PAYMENT BY MAY 25TH!**

June

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Weds</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
					<u>1</u>	<u>2</u>
<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>
<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>
<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u> Last day of school	<u>23</u>
<u>24</u>	<u>25</u> *NO CAMP	<u>26</u> Jr. Digger 8:30-10am Academy week #1 10-12:00	<u>27</u> Jr. Digger 8:30-10am Academy week #1 10-12:00	<u>28</u> Jr. Digger 8:30-10am Academy week #1 10-12:00	<u>29</u> Jr. Digger 8:30-10am Academy week #1 10-12:00	<u>30</u>

July

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Weds</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>1</u> *Earlier start time tomorrow!	<u>2</u> Academy ONLY Week #2 <u>9:30-11:30</u>	<u>3</u> Academy ONLY Week #2 <u>9:30-11:30</u>	<u>4</u> <u>*NO CAMP*</u>	<u>5</u> Academy ONLY Week #2 <u>9:30-11:30</u>	<u>6</u> Academy ONLY Week #2 <u>9:30-11:30</u>	<u>7</u>
<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>
<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>
<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>
<u>29</u>	<u>30</u>	<u>31</u>				

