



## **Message Regarding Influenza Season**

As in past influenza seasons, the health and safety of all children are a priority for each school community. Since flu can spread easily from person to person, we need your help to prevent cases of flu in students and staff. It is important for all staff, students and families to take the following precautions at this time:

If your child is ill with flu-like symptoms, it is extremely necessary for you to keep him/her at home. Students cannot return to school until the fever has been gone for at least 24 hours without the help of anti-fever medicines.

**If your child shows signs of severe illness – such as difficulty breathing – please seek immediate emergency care.**

Finally, please continue to remind your children to wash their hands and to use hand-sanitizer regularly, cover their cough, avoid touching their face and to stay away from other sick people as much as possible.

We are monitoring and reporting all local cases of influenza to the Dallas County Department of Health and Human Services.

For more information about flu, call 1-800-CDC-INFO or visit [www.flu.gov](http://www.flu.gov). Dallas County influenza resources and updates are available at: <http://www.dallascounty.org/hhs>.