



Waimea Canyon Middle School

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FEBRUARY 2018

KA HALE KULA 'O WAIMIEA

E-CIGARETTE USE

A newly released study from the National Academies of Sciences, Engineering, and Medicine shows that teens who use e-cigarettes are more likely to become future cigarette smokers and use other tobacco products than teens who don't use e-cigarettes. The study also shows that e-cigarette use, also known as vaping, can lead to nicotine addiction and expose users to other health-related risks due to the toxic substances found in vaping liquids--including those without nicotine. Hawaii law prohibits sale, possession, and use of all tobacco products, including e-cigarettes, by anyone under the age of 21. We ask that you please take time to discuss the risks of e-cigarette use with your child.

AMERICAN HEART ASSOCIATION FUNDRAISER, THE GREAT REPLAY

The PE department has once again joined forces with the American Heart Association by participating in The Great RePlay (formerly known as Jump Rope and Hoops for Heart). One of the sessions on Health and Wellness Day will be Physical Activities (jump rope, tic-tac-toe, relays, etc.), so we will have schoolwide student participation. Along with this event, we are asking for donations for kids with different heart conditions. Our school goal for this year is \$1500. We have only been collecting through the PE classes these last few years, so this year, we have decided to try something different. Each student received an envelope in his/her advisory class. We are asking that students go out and ask for donations. It is better to try and not get any donations, than to not ask at all. The students are also going to earn prizes depending on the amount of money they bring in. Information was included in the handouts. Thank you so much for your help! Every penny counts! If you have any questions, please contact Tori Kagawa at 338-6830, ext. 133.

SMARTER BALANCE ASSESSMENTS STARTING SOON

Science will have their 1st round of testing the week of March 5th and the 2nd round the week of April 23rd. English Language Arts testing will be from April 30th to May 11th, and math testing will be from May 14th to May 18th.

Parents, please ensure your child gets a good night's rest and eats a healthy breakfast at home or school. Please also refrain from scheduling any doctor or dental appointments during testing days.

NEW STUDENT-LED CONFERENCE FORMAT

On Thursday, March 15, 2018, Waimea Canyon Middle School will be holding its student-led conferences. Conferences will be from 7:45am to 7:45pm. There will be no school for students on March 15th and March 16th. Students will schedule conference times through their advisory teachers. During the conference, students will be showcasing their work in their advisory classes. Your child(ren) will be sharing what was learned and showing you samples of what was worked on during the year. As a parent/guardian, your role in your child's education is important as you support, encourage, and praise him/her through the learning process.

NATIONAL JUNIOR HONOR SOCIETY

Students who are eligible (cumulative GPA of 3.5) for membership in the Waimea Canyon Middle School chapter of the National Junior Honor Society should have received their applications in their advisories. To be considered for membership, applications must be completed and sent to Cara Clarke in Room M101. Inductions will be held April 19th.

STAFF WELLBEING CHALLENGES

We're inviting the community to join us for our Wellbeing Challenges. These challenges are meant for personal growth. Each week, we will present a new challenge. This week's challenge is **Optimistic Stretching – Even Better** – When reflecting on good things that happened, I will stretch my thinking to describe how they could have been even better.

IMPORTANT DATES

Feb 10

Mahalo to everyone who came and supported our Kachi Kachi Dance Fundraiser!!!

Feb 19

Presidents Day Holiday
No School

Feb 20

3rd Qtr Mid-Progress Reports Go Home

Feb 26-Mar 1

WASC Visit

Mar 14

Health & Wellness Day

Mar 15

Student Led Conferences
7:45am to 7:45pm
No School

Mar 16

End of 3rd Qtr
No School

Mar 19-23

Spring Break

Mar 26

Prince Kuhio Day
No School

Kauai County Mayor's Youth Track Meet for Middle School will be on April 8, 2018 @Vidinha Stadium Please come out and support our athletes! For more info, contact Tori Kagawa @338-6830, ext. 133

For information and assistance with **Infinite Campus Portal** accounts please contact the Registrar at 338-6838 ext. 109.