

The Lady Indian Volleyball Camp is offered to all girls entering 1st-9th grades. The camp is designed to introduce the basic skills of volleyball and to work on learning and understanding the game. The camp is open to beginners, as well as those who have played on a competitive level. Players will be placed in groups based on their age and their skill level. We will try to keep them with at least one of their friends. Here are some of the areas on which we will focus on:

BEGINNERS-

- *PASSING
- *SETTING
- *SERVING
- *ATTACKING

ADVANCED-

- *REVIEW ABOVE SKILLS
- *VARIED TYPES OF HITTING
- *COURT COVERAGE
- *OFFENSES
- *DEFENSES

The camp will be directed by Lady Indian volleyball coaches, players, and alumni. The girls will have two or more coaches per group. Our goal is to bring each camper to a higher level of volleyball skill and knowledge of the game.

If you have any questions contact:

mdevine@k12k.com

423-378-8434

The camp will be held over a 3 day period. All girls entering the 1st-5th grades will attend the morning sessions from 8:00-10:00 A.M. Cost is \$55 per girl and includes a T-shirt.

All girls entering 6th-9th grades will attend the later session from

10:30-12:30 P.M. Cost is \$60 per girl and includes a T-shirt.

Take \$5 off for each sibling who attends.

**REGISTRATION WILL BE HELD
1/2 HOUR BEFORE THE FIRST
SESSION ON THE FIRST DAY.**

**You may preregister and turn applica-
tion into DBHS Activities Office up to
May 25th.**

7:30 A.M. for 1st-5th

10:00 A.M. for 6th-9th

(Make checks payable to: DBHS)

We are building a dynasty here at DB and realize how important our younger girls are to our future. We want to instill a love for the game and a knowledge that will allow them to be successful in volleyball. We also want to teach character, good sportsmanship, good attitudes, and a good work ethic. We will also emphasize the importance of good grades and good citizenship together these things will help build the DB DYNASTY!!

ROLL TRIBE!!

LADY INDIAN VOLLEYBALL CAMP REGISTRATION FORM

NAME _____ GRADE (entering) _____ AGE _____

ADDRESS _____ PHONE NO. _____

(city) _____ WORK PHONE _____ EXT. _____

(zip code) _____ PARENTS _____ EMERGENCY PHONE NO. _____

_____ is physically able to participate in the volleyball camp. There are no restrictions on her physical activity, and she is able to take part in strenuous exercise. I do hereby authorize the trainer or coach to secure any medical treatment in the event that I cannot be contacted. I further authorize any attending physician to render any and all medical care that he/she deems necessary. It is understood that in any event an attempt will be made to contact me before treatment is started.

Parent Signature _____ (*Make checks payable to DB)

Shirt Size (circle one)- YS YM YL S M L XL



ROLL TRIBE

ROLL!



***You were born
to be a player.***

***You were
meant to be
here. This***

moment is

yours.



Volleyball

***LADY
INDIANS'
CAMP***

WHEN: MAY 29- 31

WHO: 1st -9th GRADERS

**WHERE: SEVIER MIDDLE
SCHOOL**

COACH DEVINE

COACH DYGERT

COACH BARNES

COACH HELVEY