

NATCHEZ-ADAMS SCHOOL DISTRICT

April Breakfast Menu for All Schools

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Assorted Fruit Juices Assorted Vegetable Juice Yogurts and Muffins Assorted Cold Cereals Whole Wheat Toast Assorted Jellies Chilled Peach Slices Chocolate Milk Strawberry Milk White Milk Graham Crackers	Assorted Fruit Juices Assorted Vegetable Juice Strawberry WG Toaster Pastries Assorted Cold Cereals Whole Wheat Toast Pineapple Tidbits Assorted Jellies Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Breakfast Sausage Pizza Assorted Cold Cereals Mandarin Fruit Cup Whole Wheat Toast Assorted Jellies Chocolate Milk Strawberry Milk White Milk Graham Crackers	Assorted Fruit Juices Assorted Vegetable Juice Hot Grits Sausage Patty Assorted Cold Cereals Whole Wheat Toast Whole Grain Biscuit Assorted Jellies Applesauce Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Waffles in a Bag Ham Slice Assorted Cold Cereals Blushing Chilled Pears Whole Wheat Toast Assorted Jellies Pancake Syrup Chocolate Milk Strawberry Milk White Milk
9	10	11	12	13
Assorted Fruit Juices Assorted Vegetable Juice Breakfast Chicken Patty Whole Grain Biscuit Strawberry WG Toaster Pastries Mandarin Fruit Cup Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Bacon, Egg, and Cheese Biscuit Cinnamon Rolls Fresh Apples Chocolate Milk Strawberry Milk White Milk Assorted Jellies	Assorted Fruit Juices Assorted Vegetable Juice Pancakes Bacon Strips Assorted Cold Cereals Fresh Cantaloupe Cubes Whole Wheat Toast Assorted Jellies Pancake Syrup Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Hot Grits Sausage Patty Assorted Cold Cereals Whole Wheat Toast Assorted Jellies Fresh Kiwi Wedges Chocolate Milk Strawberry Milk White Milk Graham Crackers	Assorted Fruit Juices Assorted Vegetable Juice Breakfast Sausage Pizza Assorted Cold Cereals Fresh Bananas Whole Wheat Toast Assorted Jellies Chocolate Milk Strawberry Milk White Milk Graham Crackers
16	17	18	19	20
Assorted Fruit Juices Assorted Vegetable Juice Strawberry WG Toaster Pastries Assorted Cold Cereals Whole Wheat Toast Pineapple Tidbits Assorted Jellies Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Sausage & Pancake on a Stick Assorted Cold Cereals Frozen Fruit Juice Cups Whole Wheat Toast Assorted Jellies Pancake Syrup Chocolate Milk Strawberry Milk White Milk Graham Crackers	Assorted Fruit Juices Assorted Vegetable Juice Yogurts and Muffins Assorted Cold Cereals Whole Wheat Toast Fresh Bananas Assorted Jellies Chocolate Milk Strawberry Milk White Milk Graham Crackers	Assorted Fruit Juices Assorted Vegetable Juice Breakfast Sausage Pizza Assorted Cold Cereals Mandarin Fruit Cup Whole Wheat Toast Assorted Jellies Chocolate Milk Strawberry Milk White Milk Graham Crackers	Assorted Fruit Juices Hot Grits Sausage Patty Assorted Cold Cereals Whole Wheat Toast Whole Grain Biscuit Assorted Jellies Fresh Kiwi Wedges Chocolate Milk Strawberry Milk White Milk
23	24	25	26	27
Assorted Fruit Juices Assorted Vegetable Juice Bacon, Egg, and Cheese Biscuit Strawberry WG Toaster Pastries Fresh Apples Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Sausage & Pancake on a Stick Assorted Cold Cereals Whole Wheat Toast Pineapple Tidbits Assorted Jellies Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Hot Grits Sausage Patty Assorted Cold Cereals Fruit Cocktail Whole Wheat Toast Assorted Jellies Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice French Toast Sticks Scrambled Eggs Assorted Cold Cereals Fresh Orange Smiles Whole Wheat Toast Assorted Jellies Pancake Syrup Chocolate Milk Strawberry Milk White Milk	Assorted Fruit Juices Assorted Vegetable Juice Yogurts and Muffins Assorted Cold Cereals Whole Wheat Toast Assorted Jellies Chilled Peach Slices Chocolate Milk Strawberry Milk White Milk Graham Crackers

Assorted Fruit Juices
Assorted Vegetable Juice
Strawberry WG
Toaster Pastries
Assorted Cold Cereals
Whole Wheat Toast
Pineapple Tidbits
Assorted Jellies
Chocolate Milk
Strawberry Milk
White Milk

Short History Lesson: Each year, Earth Day—**April 22**—marks the anniversary of the birth of the modern environmental movement in 1970. The idea for a national day to focus on the environment came to Earth Day founder Gaylord Nelson, then a U.S. Senator from Wisconsin, after witnessing the ravages of the 1969 massive oil spill in Santa Barbara, California. On April 22, 1970, 20 million Americans took to the streets, parks, and auditoriums to demonstrate for a healthy, sustainable environment in massive coast-to-coast rallies. In 1990, 200 million people in 141 countries gave a huge boost to recycling efforts worldwide and helped pave the way for the 1992 United Nations Earth Summit in Rio de Janeiro. Earth Day 2000 used the power of the Internet to organize activists, but also featured a drum chain that traveled from village to village in Gabon, Africa. Hundreds of thousands of people gathered on the National Mall in Washington, DC for a First Amendment Rally. In 2010, Earth Day Network brought 250,000 people to the National Mall for a Climate Rally, launched the world’s largest environmental service project—A Billion Acts of Green®—introduced a global tree planting initiative that has since grown into The Canopy Project, and engaged 22,000 partners in 192 countries in observing Earth Day. (www.earthday.org)

In the operation of child feeding programs, no child is discriminated against because of race, sex color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C., 20250.