



Columbus ISD – Health Education Advisory/Safety Committee Meeting

December 12, 2017
5:00 p.m. – 6:00 p.m.
CISD Board Room

Committee Members:

Michelle Eden
Julie Leopold
Tiffany Orsak
Charlotte Tilotta
Kim Wolbrecht

Ariel Ibarra
Deborah Loessin
Rachel Post
April Usher

Hannah Krebs
Amy Mikulin
Kim Sodek
Laura Weido

Agenda

Welcome

Deborah Loessin

Review 11/7/17 Meeting Minutes

Consensus was that minutes accurately reflected the previous meeting.

Deborah Loessin

Fitness Gram update

Ms. Leopold submitted a report that the PE CES classes are in the middle of Fitness Gram benchmark testing and hopeful that results would be sent home at semester.

Julie Leopold

Campus Red Ribbon Reports

Ms. Loessin reviewed submitted campus reports from CES (Ms. J. Leopold), CJHS (Ms. R. Hanak) and CHS (Ms. R. Heffley).

Deborah Loessin

Employee Wellness update

Ms. Leopold submitted a report that the after school wellness program is in full swing –everyday at 4:00, attendance is low at this time. A workout calendar is provided at the beginning of each month.

Julie Leopold

Wellness Plan update

Ms. Berger gave an overview of the board presentation from November of the wellness policy and plan. The boards passed both and each are posted on the CISD website in compliance with regulations.

Amber Berger

Influenza Vaccinations and Prognosis

Ms. Sodek gave an overview of the increasing activity across the state but stated that the Texas outbreak is still mild in comparison to some neighboring states. The Influenza A strain is the most prevalent.

Deborah Loessin

Other Business

No other business

Future Agenda Items

Emergency Operations and Safety Audit assessment

Welcome and selection of Parent Co-Chair

Michelle Eden was selected as Parent Co-Chair

Deborah Loessin

Review Purpose and Role of HEAC

An HEAC overview was provided by Ms. Loessin highlighting the SHAC guide previously emailed to the committee members.

Deborah Loessin

Review 5/23/17 Meeting Minutes

Consensus was that minutes accurately reflected the previous meeting.

Deborah Loessin

Influenza Vaccinations and Prognosis

CISD offered flu shots to employees on October 2nd and 5th with 100+ employees taking advantage. The influenza activity report was reviewed by Ms. Sodek.

Deborah Loessin

Food Service Update

Ms. Woytek updated the committee on the nutritional service changes for Pre-K -only white milk or water and no choice of meal selection for lunch. Separate menus for Pre-K and each campus are posted on the website monthly adhering to the required guidelines.

Cheryl Woytek

Wellness Policy/Plan

Ms. Berger gave an overview of the proposed wellness policy that will be presented to the board on the 13th. The committee reviewed the wellness plan and unanimously approved the plan as is, contingent on approval of the policy, after discussion and clarification on several points.

Deborah Loessin

Health Compliance Statement

Approved for posting pending changes of the high school student average from 260 minutes to 250 and, as suggested by Kim Sodek, including electronic cigarettes as prohibited along with the tobacco as posted in the student handbook.

Deborah Loessin

Employee Wellness

After school exercise workouts began 11/6/17. A calendar was sent out to employees as notification.

Julie Leopold

Other Business

No other business

Future Agenda Items

Ms. Leopold said that she will have a fitness gram update for December
Ms. Tilotta suggested a safety talk by an officer considering the recent shooting event. Ms. Berger offer to call April Usher to help coordinate any options.

Ms. Krebs said that she would have an update on nutrition projects that are in the works.
